

2ND DAY (22 MAY 2022)**MORNING SESSION****EVENT NO. 201: 3000M (WOMEN 50 and above)****W50 - 54**

W5007	Devamani a/p Sothie	FITMA AC
W5008	Cecilia Maksimon	SAMAS
W5009	Chew Phaik Hua	Perak Masters
W5012	Loh Kher Heem	Perak Masters

W5015	Chuah Guat Na	Penang Ind
W5016	Lee Siew Kim	Penang Ind
W5021	Imelda Nasreen Bitni Nasruddin	S'gor Masters

W55 - 59

W5510	Yogeswari a/p S Kathirveloo	JETS
W5512	Tan Goek Hong	Penang Ind

W5516	Tan Teck Bee	S'gor Masters
W5517	Goh Kim Hong (Maggie)	S'gor Masters

W60 - 64

W6001	Jouti Elau @ Vironica	Sabah Ind
W6002	Ting Yew King (Belinda)	S'gor Masters

W6011	Vemalathevy a/p Periasamy	S'gor Masters
W6012	Sinnamah Golla-Bangaru	S'gor Masters

W75 - 79

W7502	Sarojeet Kaur @ Sarjeet Kaur	Penang Masters
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EVENT NO. 202: High Jump (WOMEN 35 - 59)**W35 - 39**

W3508	Ooi Siam Hong	M'ca Masters
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W3509	Joyce Lim Chuen Shin	M'ca Masters
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W40 - 44

W4003	Liew Mei Ping @ Jessy	SAMAS
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W4005	Liong Sau Lai	PDRM
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W50 - 54

W5011	Rita Thong @ Nur Rita Qhaliesya	Perak Masters
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W55 - 59

W5518	Sarah Aliah Binti Abdullah	PDRM
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W5506	Juliana Gumpil	SAMAS
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EVENT NO. 203: Javelin (WOMEN 35 - 49)**W40 - 44**

W4005	Liong Sau Lai	PDRM
W4003	Liew Mei Ping @ Jessy	SAMAS
W4017	Chua Swee Mei	M'ca Masters

W4011	Angeline Jumbo	S'wak Ind
W4014	Rosmiati Bt Abd Karim	PDRM

W45 - 49

W4502	Natalie Dawn Sipula	Sabah Ind
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W4522	Chua Cheong Lian	M'ca Masters
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EVENT NO. 204: Triple Jump (MEN 35 - 49)**M35 - 39**

M3527	Mohd Farish B Aziz Sulaiman	SAMAS
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M40 - 44

M4023	Maulie Bin Mangun	PDRM
M4032	Adi Wira Bin Mohd Zin	Perak Masters

M4033	Ahmad Ezman Bin Pudil @ Fadzil	Perak Masters
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M45 - 49

M4502	Larry Andang	SAMAS
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EVENT NO. 205: Shot Put (MEN 35 - 49)**M35 - 39**

M3507	Firdauz Mura Bin Mura	S'wak Ind
M3531	Kiew Sieng Eik	M'ca Masters

M40 - 44

M4008	Bonny Bin Duni	PDRM
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M45 - 49

M4504	Hamdan Bin Ayun	SAMAS
M4506	Wong Hock Loong	SAMAS
M4507	Zulkefli Bin Sudin	PDRM
M4514	Nethianathan a/l Krishna Kutty	FITMA AC

M3523	Tan Dan Ny	S'gor Masters
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M4041	Pramjit Singh	Perak Masters
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M4523	Siew Hann Wen	S'gor Masters
M4531	Samsul Bin Ma'arof	M'ca Masters
M4532	Lee Kian Fei	Perak Masters
M4536	Sriram a/l Sivaraman	Perak Masters

EVENT NO. 206: 3000M (WOMEN 35 - 49)**W35 - 39**

W3505	Michele Tan Bee Kiang	S'gor Ind
W3506	Sanggeetha a/p Subramaniam	Perak Masters

W40 - 44

W4004	Mazlina Shafura Binti Abdul Manap	KL Ind
W4006	Noorshazlin Binti Ahmad	PDRM

W45 - 49

W4509	Rita Binti Ghani	PDRM
W4512	Samantha Jane Richards	S'gor Ind
W4513	Wong Choy Lan	FITMA AC
W4518	Nalini a/p M Selveindran	Perak Masters

W4012	Amutha Arumugam	Perak Masters
W4007	Norul Akmar Binti Abd Rani	PDRM

W4519	Nirmala Devi Ambikapathi	Perak Masters
W4524	Tiffany Soh Beng Chu	S'gor Masters
W4525	Zuharlina Bt Abu Baharin	KL Ind

EVENT NO. 207: Javelin (WOMEN 50 - 59)**W50 - 54**

W5006	Rosnah Bt Abdul Samad	PDRM
W5018	Chan Nyet Fui	M'ca Masters

W55 - 59

W5501	Wong Ngan Ling	S'gor Masters
W5502	Thilageswary A/P M.Ramasamy	S'gor Ind

W5019	Vanitha a/p K Palaniappan	S'gor Masters
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W5507	Jessie Manjin	SAMAS
W5518	Sarah Aliah Binti Abdullah	PDRM

EVENT NO. 208: Triple Jump (MEN 50 - 59)**M55 - 59**

M5502	Jamaluddin Lani	SAMAS
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M5520	Redzuan Bin Jumat	Labuan
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EVENT NO. 209: Shot Put (MEN 50 - 59)**M50 - 54**

M5006	Mohammad Fadzil Bin Wahab	PDRM
M5028	Liaw Fun Min	M'ca Masters

M5024	Asni Bin Tahir	Johor Masters
M5031	Abd Rahim Bin Abd Hamid	Perak Masters

M55 - 59

M5503	Maulani Bin Diman	SAMAS
M5505	James Wong Thien Yin	SAMAS

M5523	Supt. Zahar Bin Rahman	FITMA AC
M5524	Gunasaegaran a/l Narasapan	FITMA AC

M5519	Selvaratnam a/l Navaratnam	KL Ind
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EVENT NO. 210: 200M (WOMEN 35 - 39)

W35 - 39

W3501	Alison Chew Suk Ling	SAMAS
W3507	Ana Binti Mohzan	KL Masters

W3502	Norfahda Bt Jamil	PDRM
W3503	Siti Fairuz Binti Jamaluddin	PDRM

EVENT NO. 211: 200M (WOMEN 40 - 44)

W40 - 44

W4009	Rosjulianee Binti Mohd Yusoff	PDRM
W4015	Leela a/p Suresh Kee See Leng	S'gor Ind

W4018	Devi Subrayan	KL Masters
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EVENT NO. 212: 200M (WOMEN 45 - 49)

W45 - 49

W4503	Parida Binti Usman	SAMAS
W4504	Joseph Maria Job	SAMAS
W4505	Dayang Noraini Binti Sahari	SAMAS

W4501	Sharaladevi a/p Narayanasamy	Kedah Ind
W4515	Marta Basa Binti Lokman	Labuan
W4514	Kiew Sui Hua	S'wak Ind

EVENT NO. 213: Shot Put (MEN 60 - 69)

M60 - 64

M6005	Shawal Bin Hj Shaari	PDRM (R)
M6006	Juintin Bin Allap	SAMAS
M6015	Jayaraman Nagamuthu	FITMA AC
M6022	Krishnasamy a/l Karuppiah	S'gor Masters

M6032	Mohd Rahim Bin Luwi	M'ca Masters
M6038	Sergeant Singh	Perak Masters
M6023	Mohd Yusdini Bin Mohd Yusoff	S'gor Masters

M65 - 69

M6505	Edwin E Goh	SAMAS
M6506	Tarmizi Sandhu @ Tara Singh	SAMAS
M6507	Yaw Doly Bin Yaw Lo Kong	SAMAS

M6508	William Norman Wheatley	SAMAS
M6514	Narayanan Nair a/l Sungoni Nair	NS Masters

EVENT NO. 214: Triple Jump (MEN 60 - 74)

M60 - 64

M6009	Tajul Ariffin Bin Awang Mohd	SAMAS

M6035	Jayaraman a/l Rajamanickam	Perak Masters
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M65 - 69

M6509	Datuk Abdol Mulok Bin Awang Damit	Labuan
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M6522	Choo Wai Kin	KL Masters
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M70 - 74

M7002	Vitalis Herman	SAMAS
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M7017	Mohamed Bin Md Idrus	Pahang Mas
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EVENT NO. : 215 Javelin (WOMEN 60 - 74)

W60 - 64

W6003	Pirin Binti Berangin	SAMAS
W6007	Loo Cheng Siew	Perak Masters

W65 - 69

W6503	Vithyawathy a/p Namadevan	FITMA AC
W6505	Pushfa Ramasamy	KL Masters

EVENT NO. : 216 200M (WOMEN 50 and above)**W50 - 54**

W5001	N. Jayanthi a/p R. Narayanan	Kedah Ind
W5003	Erine Sinuel	SAMAS

W5010	Nokalmah Sanasee	Perak Masters
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W55 - 59

W5504	Mordiana Abdullah	SAMAS
W5509	Amalia Marquez Barcoma	FITMA AC

W5515	Theresline a/p Asirvatham	S'gor Masters
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W60 - 64

W6004	Lucy Yong	SAMAS
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W6005	Wendy Soo Yuet Ping	KL Ind
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W65 - 69

W6506	Tan Teck See	S'gor Masters
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EVENT NO. : 217 High Jump (WOMEN 60 and above)**W65 - 69**

W6502	Christina Labanjing @ Jentunis	SAMAS
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EVENT NO. : 218 200M (MEN 35 - 39)**M35 - 39**

M3503	Kumar a/l Murugan	FITMA AC
M3508	Mohd Izzuddin Bin Yahaya	Perlis Ind
M3518	Andy Gregory Liadu	SAMAS
M3520	Thulesimenen a/l Subramaniam	S'gor Ind
M3524	Mohd Zhafran B Mohd Rosli	NS Ind

M3526	Mohamad Hafizam B Saluhi	S'wak Ind
M3530	Mohd Hamdan Bin Abdul Razak	M'ca Masters
M3532	Rasul Bin Zainal	M'ca Masters
M3533	Mohd Shukor Bin Bee	Perak Masters

EVENT NO. : 221 Shot Put (MEN 70 - 79)**M70 - 74**

M7007	P Nadarajah a/l M Periyah	FITMA AC
M7012	Ramalingam a/l Verasamy	S'gor Masters

M7019	Arumugam Kavari	Johor Masters
M7021	Wong Kou Fou	M'ca Masters

M75 - 79

M7502	Gilbert Divancy Daladin	SAMAS
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M7513	Dr Purushotaman Ananthan	S'gor Ind
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EVENT NO. : 222 200M (MEN 40 - 44)**M40 - 44**

M4003	Jagathes Rau Appannan	KL Masters
M4004	Murugan a/l Perumal	KL Masters
M4010	Mohd Sukhairi Bin Mat Nor	PDRM
M4012	Cyril Bin Misong	SAMAS
M4017	Mohd Syuhairy Bin Md Suid	S'gor Ind
M4020	Insp Roning B Mulut	PDRM
M4021	Suresh a/l Morthy	S'gor Ind

M4025	Sariman B Sulaiman	S'wak Ind
M4026	Airul Syafie Bin Dolah	Johor Masters
M4029	Hairul Bin Abu Shah	M'ca Masters
M4031	Mohd Fadzli Bin Mamat	M'ca Masters
M4034	Amirruddin Bin Ishak	Perak Masters
M4038	Fairuz Bin Amir Puad	Johor Masters

EVENT NO. : 223 200M (MEN 45 - 49)**M45 - 49**

M4503	Teo Chen Lung	SAMAS
M4510	Rohaizi Bin Rastam	S'gor Ind
M4518	Suresh a/l Ragavan	NS Ind

M4524	Vignesparan Veera Ragavan	KL Masters
M4525	Mohammad Nizam B Husaini	S'wak Ind
M4528	Shahrul Bin Sabtu @ Shariff	M'ca Masters

M4519	Manimaran a/l Rajoo	NS Ind
M4521	Thanabalan Subramaniam	KL Masters

M4534	Ng Wai Kit	Perak Masters
M4537	Subramaniam Karapayah	Perak Masters

EVENT NO. : 224 200M (MEN 50 - 54)

M50 - 54

M5015	Supparamaniyam a/l Ramasamy	S'gor Masters
M5017	Terence Ong Cheng Soon	S'gor Ind

M5034	Ronald Dominic Gallyot	Perak Masters
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EVENT NO. : 225 Shot Put (MEN 80 and above)

M80 - 84

M8001	Low Kuan Sow @ Loke Kuan Sow	Kedah Ind
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EVENT NO. : 226 200M (MEN 55 and above)

M55 - 59

M5503	Maulani Bin Diman	SAMAS
M5505	James Wong Thien Yin	SAMAS
M5507	Khairuddin Bin Abu Hanifah	S'gor Ind
M5512	Kamsian Long	PDRM

M5544	Shaari Hashim	S'gor Ind
M5521	Suwito Bin Kardo	Labuan
M5524	Gunasaegaran a/l Narasapan	FITMA AC
M5526	Kunasegaran a/l Maniveloo	S'gor Masters

M60 - 64

M6007	Daim Gayam	SAMAS
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M6016	Aplaidoo a/o Ramanayadoo	FITMA AC
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M65 - 69

M6523	Jemaain Bin Tamby	S'wak Ind
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M70 - 74

M7003	Uman @ Yuman Bin Sikin	SAMAS
M7004	AB Kadir Bin Abdullah	Johor Ind
M7010	Ramasamy a/l Karrupaya	NS Masters

M7011	Thanesvaran Malavarayar	KL Masters
M7014	Dato' Syed Mohammad Bin S. M.	Penang Ind
M7015	Karthigesan Rajoo	S'gor Ind

M75 - 79

M7502	Gilbert Divancy Daladin	SAMAS
M7507	Nalliah a/l Ramasamy	NS Masters

M7515	Abdul Razak B Zainuddin	Perak Ind
M7512	Muniandy a/l Sinniah	S'gor Masters

M90 - 94

M9001	L Pushpanathan	Perak Masters
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EVENT NO. : 227 800M (WOMEN 50 and above)

W50 - 54

W5008	Cecilia Maksimon	SAMAS
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W55 - 59

W5503	Theresa Binti Sidau	SAMAS
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W5517	Goh Kim Hong (Maggie)	S'gor Masters
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W60 - 64

W6012	Sinnamah Golla-Bangaru	S'gor Masters
W6001	Jouti Elau @ Vironica	Sabah Ind

W6006	Joanne Foo	Perak Masters
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W65 - 69

W6501	Kimih @ Florence Monjitol	SAMAS
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W75-79

W7502	Sarojeet Kaur @ Sarjeet Kaur	Penang Masters
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EVENT NO. : 228 800M (WOMEN 35 - 49)**W35 - 39**

W3505	Michele Tan Bee Kiang	S'gor Ind
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W3512	Juliati Huberlus	S'gor Ind
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W40 - 44

W4010	Nagamah a/p Arumugam	FITMA AC
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W45 - 49

W4506	Emilia Binti Jamil	PDRM
W4517	Gavary a/p Ramasundran	Perak Masters

W4521	Tamilslve a/p Periasamy	NS Masters
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EVENT NO. : 229 800M (MEN 55 and above)**M55 - 59**

M5504	James Bin Patrick	SAMAS
M5510	Leong Bee Voon	PDRM
M5514	Wiswannadan a/l Ayakanndo	PDRM
M5517	Thanabalan a/l Subramaniam	JETS
M5521	Suwito Bin Kardo	Labuan

M5528	Boopathy Ramasamy	Johor Masters
M5533	Dr. J Thamocharan S.Jeyaraman	Perak Masters
M5538	Kumar Vairan	Perak Masters
M5536	Shanmuganathan a/l Ratanam	Perak Masters
M5537	Thanaraj a/l Krishnan Perumal	Perak Masters

M60 - 64

M6004	Sahar Bin Asmuni	PDRM (R)
M6010	Sorganeshan Manickam	Perlis Ind
M6011	Datuk Seri (Dr) V. Pulainthiran	S'gor Masters
M6014	Dr. Xavier Vincent Pereira	S'gor Ind

M6019	Arumugam Subramnian	S'gor Masters
M6027	Padmanathasivan a/l Kailasam	NS Ind
M6029	Rajagopal Vadiappan	Johor Masters
M6030	Sagaran Kunju Raman	Johor Masters

M65 - 69

M6504	Dusip @ Joseph Bin Latong	SAMAS
M6511	Rajasegaran a/l Kannen	FITMA AC
M6515	Raja Arumugam	NS Masters

M6517	Rama Krishnan a/l Manikam	NS Masters
M6518	Tan Choon Seang	KL Masters

M70 - 74

M7008	Vimalasingam a/l V Saranamuthu	FITMA AC
M7022	Murugesu a/l Sinnathevar	Perak Masters
M7023	Samutharapandian a/l S Periasamy	Perak Masters

M7016	Abdul Hamid Bin Aris	Pahang Mas
M7009	Venbataraman a/l Ramaloo	FITMA AC

M75 - 79

M7503	Sidin Wasim	SAMAS
M7512	Muniandy a/l Sinniah	S'gor Masters

M7508	Vengtraman a/l Raju	NS Masters
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M80 - 84

M8001	Low Kuan Sow @ Loke Kuan Sow	Kedah Ind
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EVENT NO. : 230 800M (MEN 50 - 54)**M50 - 54**

M5001	KT Jestin KT Mendis Appu	KL Ind
M5002	Yazid Bin Mahadi	SAMAS
M5007	Baharruddin Bin Ismail	PDRM
M5009	M. Mathialagan a/l R. Manikam	NS Ind
M5010	Munintaran Sundram	S'gor Ind

M5014	Laurence Sebastian	S'gor Masters
M5018	Zulkafili Shamsuddin	Pahang Mas
M5021	Timothy Johnson	S'gor Ind
M5023	Subramaniam Kumarasamy	Johor Masters
M5027	Ramesh a/l Munusamy	Penang Masters

M5011	Thanabalamurugan a/l Arumugam	FITMA AC
M5012	Kannen a/l Balakrishnan	FITMA AC

M5036	Nagarajan a/l Ramasamy	Perak Masters
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EVENT NO. : 231 800M (MEN 45 - 49)

M45 - 49

M4501	Vengadasalam Rajangam	S'gor Ind
M4517	Vijayan a/l Ponnuswami	NS Masters
M4520	Abdul Rahman Bin Mahamoud	KL Masters
M4522	S. Divagaran Subramaniam	KL Masters

M4535	Savaria Xavier a/l Rayappan David	Perak Masters
M4539	Victor Selvarajah a/l Selvanayagam	Perak Masters
M4541	Shaharudin Bin Hashim	PDRM

EVENT NO. : 232 800M (MEN 40 - 44)

M40 - 44

M4019	Manimaran a/l Sukumaran	S'gor Ind
M4020	Insp Roning B Mulut	PDRM
M4024	Abdul Iswandi B Ahmad	S'wak Ind

M4028	Preemadesa Peyadesa	Penang Masters
M4036	Devindran a/l Sundrum	KL Masters

EVENT NO. : 233 800M (MEN 35 - 39)

M35 - 39

M3509	Mhd Shafie Bin Sulaman	S'gor Ind
M3528	Yaakob Bin Idris	Penang Masters

M3530	Mohd Hamdan Bin Abdul Razak	M'ca Masters
M3534	Saravanan a/l Elagamurom	Perak Masters

**2ND DAY (22 MAY 2022)
AFTERNOON SESSION**

EVENT NO. : 234 Long Jump (WOMEN 35 - 49)

W35 - 39

W3507	Ana Binti Mohzan	KL Masters
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W3514	Hasrina Binti Hasan	T'ganu Ind
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W40 - 44

W4008	Karmila Binti Mohd Nasir	PDRM
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W4009	Rosjulianee Binti Mohd Yusoff	PDRM
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W45 - 49

W4506	Emilia Binti Jamil	PDRM
W4507	Fauzana Mariam Binti Mohd Fauzi	PDRM
W4508	Rohayati Binti Abu	PDRM

W4515	Marta Basa Binti Lokman	Labuan
W4516	Almawati Binti Kassim	Perak Masters

EVENT NO. : 235 100M H (WOMEN 35 - 39)

W35 - 39

W3503	Siti Fairuz Binti Jamaluddin	PDRM
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EVENT NO. : 236 100M H (MEN 60 - 69)

M60 - 64

M6003	Mohamad Fauzi Bin Ahmad Safri	PDRM (R)
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M65 - 69

M6503	Aliudin Jumaat	SAMAS
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EVENT NO. : 237 100M H (MEN 50 - 59)

M50 - 54

M5004	Shamry Mohd Ali	SAMAS
M5025	Daud Bin Md Jeni	Johor Masters

M5024	Asni Bin Tahir	Johor Masters
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M55 - 59

M5518	Abd. Harah @ Awang B Asara	Labuan
M5526	Kunasegaran a/l Maniveloo	S'gor Masters

M5530	Hj Mohd Hasni Bin Hussien	M'ca Masters
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EVENT NO. : 238 Long Jump (WOMEN 50 - 59)**W50 - 54**

W5004	Mariani Binti Manan	SAMAS
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W5011	Rita Thong @ Nur Rita Qhaliesya	Perak Masters
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W55 - 59

W5501	Wong Ngan Ling	S'gor Masters
W5503	Theresa Binti Sidau	SAMAS

W5506	Juliana Gumpil	SAMAS
W5514	Salvarani a/p Krishnan	Penang Masters

EVENT NO. : 239 110M H (MEN 45 - 49)**M45 - 49**

M4512	Muhammad Asri Bin Mohamed Arof	KL Ind
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EVENT NO. : 241 110M H (MEN 35 - 39)**M35 - 39**

M3527	Mohd Farish B Aziz Sulaiman	SAMAS
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M3503	Kumar a/l Murugan	FITMA AC
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EVENT NO. : 242 Long Jump (WOMEN 60 - 74)**W60 - 64**

W6004	Lucy Yong	SAMAS
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W65 - 69

W6502	Christina Labanjing @ Jentunis	SAMAS
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W6507	Maimuna J. Nordin	S'gor Masters
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EVENT NO. : 243 5000M (MEN 35 - 49)**M35 - 39**

M3501	Muhammad Afifi Bin Zainudin	S'gor Ind
M3502	Soh Soon Hup	S'gor Ind
M3514	Ahmad Buqari Bin Yunos	PDRM
M3515	Tuan Abdul Mutalib Bin Tuan Ismail	PDRM
M3516	Mohamed Rafiq Bin Hussein	PDRM

M3517	Ling Tai Ming	S'wak Ind
M3519	Ganeshwaran a/l Karunakaran	S'gor Ind
M3521	Ngui Yeang Heng	S'gor Ind
M3529	Visvenathan Tangavello	Penang Masters
M3534	Saravanan a/l Elagamurom	Perak Masters

M40 - 44

M4001	Jasni Khairil Bin Jamaluddin	KL Masters
M4002	Abdul Aziz Bin Mahamoud	KL Masters
M4005	Kathiravan a/l Arumugam	FITMA AC
M4006	Kumaran Arumugam	FITMA AC

M4022	Zol Helmi Bin Mahat	S'gor Ind
M4039	Tham Yoke Khean	KL Ind
M4040	Lim Lit Song	KL Ind

M45 - 49

M4508	Halid B. Nurmin	PDRM
M4515	Julian a/l S. Rethinam	FITMA AC
M4517	Vijayan a/l Ponnuswami	NS Masters
M4526	Balan a/l Subramoniam	Johor Ind
M4527	Ragurama a/l Raganathan	Penang Masters

M4529	Norman Bin Abu Bakar	M'ca Masters
M4540	Anpalagan a/l Sithambaran	Perak Masters
M4533	Michael Samuel	Perak Masters
M4538	Suresh a/l Munianday	Perak Masters

EVENT NO. : 244 4 X 100M (WOMEN OPEN)**EVENT NO. : 246 4 X 100M (MEN OPEN)****EVENT NO. : 247 5000M (MEN 50 - 59)****M50 - 54**

M5001	KT Jestin KT Mendis Appu	KL Ind
M5012	Kannen a/l Balakrishnan	FITMA AC

M5022	Thanabalasingam a/l A Maniam	Penang Ind
M5033	Rajendran Chappanimuthu	Perak Masters

M5016	Aiman Cheah Tiong Chap	S'gor Masters
M5020	Choo Jin Hin	Penang Ind

M5035	Santheran Veloo	Perak Masters
M5037	Vadiveelu Arumugam	KL Ind

M55 - 59

M5501	Khor Kim En	Perak Ind
M5516	V. Jothee s/o Kobal Veriah	JETS
M5522	Rathakrishnan a/l Ramakrishnan	Penang Ind
M5527	Subbaramaniam a/l V Poominathan	KL Masters
M5528	Boopathy Ramasamy	Johor Masters

M5538	Kumar Vairan	Perak Masters
M5535	Sarjit Singh	Perak Masters
M5536	Shanmuganathan a/l Ratanam	Perak Masters
M5541	Durai Cannu Krishnamoorthy	S'gor Ind

EVENT NO. : 248 5000M (MEN 60 and above)

M60 - 64

M6008	Jonas Israel	SAMAS
M6010	Sorganeshan Manickam	Perlis Ind
M6012	C Krishnansamy	JETS
M6013	Phang Ah Hing	S'gor Ind
M6019	Arumugam Subramnian	S'gor Masters
M6028	Zakaria Bin Rahim	NS Ind

M6029	Rajagopal Vadiappan	Johor Masters
M6030	Sagaran Kunju Raman	Johor Masters
M6036	Kanesan a/l Sunnamuthu	Perak Masters
M6039	Tharmalingam a/l Koddaiyan	Perak Masters
M6040	Valaitham a/l Vedanayagam	Perak Masters

M65 - 69

M6511	Rajasegaran a/l Kannen	FITMA AC
M6515	Raja Arumugam	NS Masters
M6516	Rajoo a/l Kavera	NS Masters
M6518	Tan Choon Seang	KL Masters

M6519	Mohamed Ariff Bin Tar Mohamad	KL Masters
M6524	Krishnan a/l Munusamy	Johor Ind
M6527	Kanapathy a/l Supramaniam	Perak Masters

M70 - 74

M7020	Annathakrishnan a/l Mariappen	Penang Masters
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M7023	Samutharapandian a/l S Periasamy	Perak Masters
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M75 - 79

M7501	Julius Jikut Komuning	Sabah Ind
M7503	Sidin Wasim	SAMAS

M7510	Phillip Lim	KL Masters
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M80 - 84

M8001	Low Kuan Sow @ Loke Kuan Sow	Kedah Ind
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EVENT NO. : 249 4 X 400M (WOMEN OPEN)

EVENT NO. : 250 4 X 400M (MEN OPEN)