

37th MIOMAC 2025
25 MAY 2025 (SUNDAY)
DAY 3

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0800	301	1500M (W65 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W65-69			
1	W6505	Jouti @ Vironica Binti Elau	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0800	301	1500M (W65 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W70-74			
1	W7003	Kimih Binti Monjitol @ Florence	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0800	301	1500M (W65 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W75-94			
		NO PARTICIPANTS			

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0800	302	Shot Put (M35-49)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M35-39			
		NO PARTICIPANTS			

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0800	302	Shot Put (M35-49)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M40-44			
1	M4006	Ali Bigleri	IRAN		
2	M4002	Salleh bin Atang	PDRM		
3	M4003	Firdaus Mura bin Mura	S'wak Indiv		
4	M4008	Mousa Rezaeizadeh Siboni	IRAN		
5	M4004	KVBM Krishna Prasad	India Mast Ath		
6	M4015	Muhammad Iskandar Bin Ibrahim	Perak Masters		
7	M4005	Pezhman Rouhani Janbehsaraei	IRAN		
8	M4027	Jagathes Rau a/l Appannah	KL Masters		
9	M4030	Daljit Singh	NMAA India		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0800	302	Shot Put (M35-49)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M45-49			
1	M4502	Mahyar Maleki Roudposht	IRAN		
2	M4521	Ashley Yeo Hee Choon	S'pore Mast		
3	M4507	Ahmad Ezman Bin Pudil @ Fadzil	Perak Masters		
4	M4520	Vignesparan Veera Ragavan	KL Masters		
5	M4504	Mehdi Kazemi Nopashian	IRAN		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0800	303	Triple Jump (M70 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M70-74			
1	M7012	Mohd Radir Bin Kasbi	NS Masters		
2	M7020	Eddy Choo Wai Kin	KL Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0800	303	Triple Jump (M70 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M75-84			
		NO PARTICIPANTS			

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0815	304	1500M (W60-64)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W60-64			
1	W6012	Sinnamah a/p Golla Bangaru	S'gor Masters		
2	W6006	Salvarani a/p Krishnan	P'ng Masters		
3	W6010	Goh Kim Hong Maggie	S'gor Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0830	305	1500M (W55-59)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W5506	Mozhgan Manouchehri	IRAN		
2	W5512	Rose Sidau	SAMAS		
3	W5502	Husna Binti Abdullah	Brunei		
4	W5505	Ziba Khorramian	IRAN		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0845	306	1500M (W50-54)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W5001	Tamilve Periasamy	FITMA		
2	W5003	Pushpa a/p Kuppusamy	S'gor Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0900	307	1500M (W45-49)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W4501	Legah Meyyappan	FITMA		
2	W4503	Klaris Kaprelian Hadani	IRAN		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0900	308	Shot Put (M50-59)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M50-54			
1	M5004	Ravinder Singh Poonia	NMAA India		
2	M5005	Asni Bin Tahir	Perak Masters		
3	M5014	Nor Zamshuri B Ramli	NS Masters		
4	M5017	Siew Hann Wen	S'gor Masters		
5	M5023	PG Azizul Akbar B PG HJ Baadaruddin	Brunei		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0900	308	Shot Put (M50-59)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M55-59			
1	M5505	Abdul Rahim B. Abdul Hamid	Perak Masters		
2	M5524	Sukhraj Singh Dhillon	P'ng Masters		
3	M5530	Maulani Bin Diman	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0900	309	Triple Jump (M60-69)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M60-64			
1	M6020	Jaafar Bin Timbang	SAMAS		
2	M6001	Mustafa bin Ibrahim	S'pore/SMTFA		
3	M6022	Suhaili Bin Saneh	SAMAS		
4	M6010	Seyedhossein Salehighafarokhi	IRAN		
5	M6023	Juintin Bin Allap	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0900	309	Triple Jump (M60-69)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M65-69			
1	M6523	Dr.Tajul Ariffin B.Awang Mohd	SAMAS		
2	M6532	Budin Anak Meringgai	Brunei Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0915	310	1500M (W40-44)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W4005	Vally Michael	FITMA		
2	W4006	Amutha Arumugam	Perak Masters		
3	W4014	Ahadijah Magdalena Joseph Gidik	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0930	311	1500M (W35-39)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W3505	Nurul Aini Binti Abdul Rahman	Perak Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0945	312	100M (M35-39)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
2	M3508	Mohammad Mahdi Shakoori Dizaji	IRAN		
3	M3501	Mohd Izzuddin Yahaya	Perlis Indiv		
4	M3511	Mohd Zhafran Bin Mohd Rosli	Perak Masters		
5	M3503	Muhammad Yasir Siddique	Pakistan		
6	M3506	Abdolreza Zarei Karyani	IRAN		
7	M3510	Ahmad Syahman Bin Rusli	Perak Masters		
8	M3513	Mohd Arif B Azmi	KL Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
0955	313	100M (M40-44)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
2	M4011	Ahmad Shah Wahid	Perak Masters		
3	M4009	Seyed Mohsen Palar	IRAN		
4	M4031	Fairuz bin Amir Puad	Johor Masters		
5	M4013	Chin Did Thien	Perak Masters		
6	M4021	Cyriil Misong	SAMAS		
7	M4018	Sariffulnizan Bin Nazan	Perak Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1000	314	Shot Put (M60-74)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M60-64			
1	M6008	Jayaraman Nagamuthu	FITMA		
2	M6027	Kolanda Kavandan a/l Ramasamy	NS Masters		
3	M6007	Gunasaegaran Narasapan	FITMA		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1000	314	Shot Put (M60-74)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M65-69			
1	M6513	Krishnasamy Karuppiyah	FITMA		
2	M6528	Thamilarasu a/l Rathinam	S'gor Masters		
3	M6534	Farhad Mohammadalizadeh Darzi	IRAN		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1000	314	Shot Put (M60-74)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M70-74			
1	M7007	Tarmizi Sandhu	SAMAS		
2	M7003	Nadarajah M. Periyah	FITMA		
3	M7010	Suing @ Sylvester Kuil	SAMAS		
4	M7014	Dato Samuel D Joan	NS Masters		
5	M7008	Edwin Goh	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1010	315	100M (M45-49)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
2	M4510	Nasarudin Bin Supian	Perak Masters		
3	M4501	Wong Tze Yung	Kawan Athletics		
4	M4506	Adi Wira Bin Mohd Zin	Perak Masters		
5	M4514	Steve @ Napol James	SAMAS		
6	M4511	Nitthiyayanan A/L Vadivelu	Perak Masters		
7	M4503	Jalil Ghorbanian	IRAN		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1015	316	Triple Jump (M50-59)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M50-54			
1	M5001	Kuang Tiek Dang	S'wak Indiv		
2	M5003	Mahdi Eghbalee Mahdiabadi	IRAN		
3	M5008	Mohd Khairi Bin Abdul Rahman Sahib	Perak Masters		
4	M5012	Pratik Murwatno Sardjono	PAMI		
5	M5020	Mariappan a/l Chanachayai	S'gor Indiv		
6	M5022	Rosidi Bin Omar	Perlis Indiv		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1015	316	Triple Jump (M50-59)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M55-59			
1	M5514	Zulkify Bin Yeop	Perak Masters		
2	M5520	Jamaluddin Lani	SAMAS		
3	M5524	Sukhraj Singh Dhillon	P'ng Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1025	317	100M (M50-54)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
3	M5005	Asni Bin Tahir	Perak Masters		
4	M5012	Pratik Murwatno Sardjono	PAMI		
5	M5006	Husnul Kahar Haji Abdul Ghani	Perak Masters		
6	M5013	K Suresh	MAFI		
7	M5008	Mohd Khairi Bin Abdul Rahman Sahib	Perak Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1040	318	100M (M55-59)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
3	M5506	Hamzah Bin Abdul Karim	Perak Masters		
4	M5517	Ronny Justine	SAMAS		
5	M5507	Hazli Bin Mohd Zin	Perak Masters		
5	M5530	Maulani Bin Diman	SAMAS		
7	M5514	Zulkify Bin Yeop	Perak Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1055	319	100M (M60-64)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
3	M6009	Alireza Mohammadi Bandari	IRAN		
4	M6013	Ariffin Bin Harun	Perak Masters		
5	M6028	Paramanatham a/l G Subramaniam	P'ng Masters		
6	M6029	Kunasegaran a/l Maniveloo	S'gor Masters		
7	M6032	David Lucas Tomaso	PAMI		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1100	320	Shot Put (M75 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M75-79			
1	M7501	Farid Gadelshin	Uzbekistan Masters Ath		
2	M7503	Ramalingam Verasamy	FITMA		
3	M7508	Supraipillay a/l Sinappo	NS Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1100	320	Shot Put (M75 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M80-84			
1	M8002	Eduh Totimoh @ Bonaventure	SAMAS		
2	M8003	Purushothaman Anantham	KL Indiv		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1100	321	Triple Jump (M35-49)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M35-39			
1	M3502	Md Foyzul Hoque	Bangladesh		
2	M3510	Ahmad Syahman Bin Rusli	Perak Masters		
3	M3512	Nurki Bin Piritus @Jahudin	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1100	321	Triple Jump (M35-49)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M40-44			
1	M4004	KVBM Krishna Prasad	India Mast Ath		
2	M4015	Muhammad Iskandar Bin Ibrahim	Perak Masters		
3	M4028	Mohd Azmeer B Amarullah	S'gor Masters		
4	M4031	Fairuz bin Amir Puad	Johor Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1100	321	Triple Jump (M35-49)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M45-49			
1	M4507	Ahmad Ezman Bin Pudil @ Fadzil	Perak Masters		
2	M4505	Reza Sheykhi	IRAN		
3	M4506	Adi Wira Bin Mohd Zin	Perak Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1110	322	100M (M65 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M65-69			
1	M6509	Simjalani a/l Sannacy	S'gor Indiv		
2	M6505	Mohamad Fauzi Bin Ahmad Shafri	PDRM (R)		
3	M6532	Budin Anak Meringgai	Brunei Masters		
4	M6530	Mokhtaruddin Tajuddin	S'gor Masters		
5	M6510	Matusin bin Sumpong	Brunei		
6	M6517	Shokrollah Jahantigh	IRAN		
7	M6522	Daim Gayam	SAMAS		
8	M6533	Samil Draman	Brunei Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1110	322	100M (M65 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M70-74			
2	M7009	Uman @ Yuman Bin Sikin	SAMAS		
3	M7004	Venbataraman Ramaloo	FITMA		
4	M7019	Hasan Bin Nor	K'tan Indiv		
5	M7010	Suing @ Sylvester Kuil	SAMAS		
6	M7018	Haji Safri / Tiang Bin Hj Mudin	Brunei Masters		
7	M7011	Fung Kong @ Anthony Paul Fung Ah Ko	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1110	322	100M (M65 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M75-79			
1	M7507	Syed Mohamad B Syed Murtaza	P'ng Indiv		
2	M7511	Faqir Singh	NMAA India		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1110	322	100M (M65 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M80-84			
3	M8007	Kapt (B) Hj Osman bin Hj Lahab	Brunei		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1130	323	Medley Relay (200M,200M,400M,800M)	OPEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2					
3					
4					

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1400	324	Triple Jump (W35-49)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W35-39			
		NO PARTICIPANTS			

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1400	324	Triple Jump (W35-49)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W40-44			
3	W4004	K Purnima	India Mast Ath		
4	W4007	Dr Lailatul Mohainy Binti Mohd	Perak Masters		
5	W4011	Liew Mei Ping @ Jessy	SAMAS		
6	W4016	Rohainah Bt Wahab	M'ca Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1400	324	Triple Jump (W35-49)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W45-49			
3	W4504	Shailja Beniwal	NMAA India		
4	W4505	Almawati Kassim	Perak Masters		
5	W4512	Laura Binti Dosui	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1400	325	80M H (.762) (W40-49)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W40-44			
3	W4015	Angeline Jumbo	SAMAS		
4	W4001	Umi Ilyana Bt Kamaludin	Johor Masters		
5	W4009	Lim Siew Mee	Perak Masters		
6	W4014	Ahadijah Magdalina Joseph Gidik	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1400	325	80m H (.762) (W40-49)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W45-49			
3	W4511	Linah Bt Ikun	SAMAS		
4	W4505	Almawati Kassim	Perak Masters		
5	W4510	Judith Tami Richard	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1415	326	100m H (.840) (W35-39)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
3	W3504	Muhaini Binti Abd Manan	Perak Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1425	327	100m H (.840) (M65-69)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
3	M6505	Mohamad Fauzi Bin Ahmad Shafri	PDRM (R)		
4	M6526	AB Malek B Taib	NS Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1435	328	100m H (.840) (M60-64)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
3	M6001	Mustafa bin Ibrahim	S'pore/SMTFA		
4	M6013	Ariffin Bin Harun	Perak Masters		
5	M6021	Yusak Bin Gopog	SAMAS		
6	M6029	Kunasegaran a/l Maniveloo	S'gor Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1450	329	100m H (.914) (M55-59)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		NO PARTICIPANT			

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1500	330	Triple Jump (W50-64)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W50-54			
1	W5004	Marta Basa Lokman	Labuan Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1500	330	Triple Jump (W50-64)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W55-59			
1	W5510	Mariani Binti Manan	SAMAS		
2	W5514	Sri Murni Hasyim	PAMI		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1500	330	Triple Jump (W50-64)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W60-64			
1	W6004	Theresa Sidau	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1500	331	100m H (.914) (M50-54)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M5004	Ravinder Singh Poonia	NMAA India		
2	M5005	Asni Bin Tahir	Perak Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1515	332	110m H (.991) (M45-49)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
3	M4510	Nasarudin Bin Supian	Perak Masters		
4	M4514	Steve @ Napol James	SAMAS		
5	M4524	Muhammad Asri B Mohamed Arof	Hasil		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1525	333	110m H (.991) (M40-44)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
3	M4013	Chin Did Thien	Perak Masters		
4	M4031	Fairuz bin Amir Puad	Johor Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1535	334	110m H (.991) (M35-39)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
3	M3509	Elvindo Jinos	PDRM		
3	M3511	Mohd Zhafran Bin Mohd Rosli	Perak Masters		
5	M3512	Nurki Bin Piritus @Jahudin	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1550	335	3000M (M70 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M70-74			
1	M7006	Samutharapandian A/L S. Periasamy	Perak Masters		
2	M7015	Annathakrishnan a/l Mariappen	P'ng Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1550	335	3000M (M70 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M75-79			
1	M7506	Murugesu A/L Sinnathevar	Perak Masters		
2	M7508	Supraipillay a/l Sinappo	NS Masters		
3	M7513	Phillip Lim	KL Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1550	335	3000M (M70 and above)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M80-84			
1	M8006	Loke Kuan Sow	P'ng Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1600	336	Triple Jump (W65 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W65-69			
		NO PARTICIPANT			

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1600	336	Triple Jump (W65 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W70-74			
1	W7004	Jentunis @ Christina Labanjing	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1600	336	Triple Jump (W65 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W75-79			
1	W7502	Margaretha Aritonang	PAMI		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1600	336	Triple Jump (W65 and above)	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W80-94			
		NO PARTICIPANTS			

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1620	337	3000M (M55-69)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M55-59			
1	M5508	Mohd Zaini Harun	Perak Masters		
2	M5525	Rathakrishnan a/l Ramakrishnan	P'ng Masters		
3	M5511	Santheran Veloo	Perak Masters		
4	M5527	Datuk Noorul Ariffin B Abdul Majeed	KL Masters		
5	M5510	Rajendran Chappanimuthu	Perak Masters		
6	M5528	Supparamaniyam a/l Ramasamy	S'gor Masters		
7	M5512	Shanmuganathan A/L Ratanam	Perak Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1620	337	3000M (M55-69)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M60-64			
1	M6003	Boobathy Ramasamy	Johor Masters		
2	M6011	V Jothee a/l Kobal Veeriah	JETS		
3	M6015	Gnanasegaran A/L Chappanimuthu	Perak Masters		
4	M6034	Bhupinder Singh	NMAA India		
5	M6036	K Vikneswaran a/l Kuppasamy	Hasil		
6	M6017	Khor Kim En	Perak Masters		
7	M6031	Subramaniam Krishnan	S'gor Masters		
8	M6033	Jasril	PAMI		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1620	337	3000M (M55-69)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M65-69			
1	M6511	Marznimurney Bin Abdullah	Brunei		
2	M6518	Krishnan a/l Andy	Kedah Indiv		
3	M6519	Krishnasamy A/L Chappanimuthu	Perak Masters		
4	M6524	Lim Kian Huat	FITMA		
5	M6525	Rajah Arumugam a/l M Arumugam	NS Masters		
6	M6531	R Nanchappan a/l Rajagopal	Pahang Vet		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1645	338	3000M (M45-54)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M45-49			
3	M4511	Nitthiyavanan A/L Vadivelu	Perak Masters		
4	M4513	Yusri Bin Yusuf	SAMAS		
5	M4519	Ooi Eng Kok	P'ng Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1645	338	3000M (M45-54)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M50-54			
3	M5007	Michael Samuel	Perak Masters		
4	M5002	Keramat Saadatkhogh	IRAN		
5	M5015	S Divagaran a/l Subramaniam	KL Masters		
6	M5010	Ong Boon Kok	Perak Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1705	339	3000M (M35-44)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M35-39			
1	M3505	R Manjunatha	India Mast Ath		
2	M3507	Jamshid Rigi	IRAN		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	FINAL	RECORD
1705	339	3000M (M35-44)	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M40-44			
1	M4010	Andri Dauni	KL Indiv		
2	M4017	Saravanan A/L Elagamurom	Perak Masters		
3	M4029	Vipin Kumar Singh	NMAA India		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	OPEN	RECORD
1725	340	4 X 400M	WOMEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2					
3					
4					

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	OPEN	RECORD
1735	341	4 X 400M	MEN		
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2					
3					
4					