

**37TH MIOMAC MAY 23 - 25, 2025**

**COMPETITORS LIST**

**WOMEN**

**WOMEN 35 - 39**

BIB No	Name	Association	Event 1	Event 2	Event 3	Event 4
W3501	Marjan Mahdavi	IRAN	100M	200M		
W3502	Samereh Sadeghi	IRAN	LJ	SP		
W3503	Zahra Kheirandishsarabi	IRAN	SP	Discus		
W3504	Muhaini Binti Abd Manan	Perak Masters	200M	100MH	SP	Discus
W3505	Nurul Aini Binti Abdul Rahman	Perak Masters	800M	1500M	2000M	
W3506	Suzanirihwati Binti Abd Ghani	SAMAS	2000MW	LJ	Javelin	
W3507	Ernie Nazarius	SAMAS	SP	Discus		
W3508	Raida Binti Bajil	SAMAS	100M	200M	HJ	
W3509	Noor Suzaineh Binti Samirin	SAMAS	2000M	2000MW		
W3510	Grace Aloysius	SAMAS	100M	200M	LJ	
W3511	Warohin A/P Rosli	SAMAS	800M	HJ		
W3512	Priyalakshimi a/p Mahenthiran Rayer	P'ng Masters	SP			
W3513	Ana Binti Mohzan	S'gor Masters	100M	200M	400M	800M
W3514	Liana Binti Ramli	S'gor Masters	2000MW	SP	Javelin	
W3515	Alya Aljafri	KL Indiv	400M			

**WOMEN 40 - 44**

W4001	Umi Ilyana Bt Kamaludin	Johor Masters	80MH	HJ		
W4002	Santra Kala a/p Sundraraj	PDRM	100M	200M	LJ	
W4003	Jelinih Motibi	Labuan Masters	100M	200M	LJ	
W4004	K Purnima	India Mast Ath	LJ	TJ	Discus	Javelin
W4005	Vally Michael	FITMA	400M	800M	1500M	2000M
W4006	Amutha Arumugam	Perak Masters	800M	1500M	2000MW	LJ
W4007	Dr Lailatul Mohainy Binti Mohd	Perak Masters	100M	200M	LJ	TJ
W4008	Hanu Radha A/P Nadarajan	Perak Masters	100M	200M		
W4009	Lim Siew Mee	Perak Masters	100M	200M	80MH	
W4010	Magdalini Anak Hillary Panggau	SAMAS	SP	Discus	Javelin	
W4011	Liew Mei Ping @ Jessy	SAMAS	LJ	TJ		
W4012	Ruzina Binti Eluk	SAMAS	100M	200M	LJ	
W4013	Elisa Matil	SAMAS	100M			
W4014	Ahadijah Magdalina Joseph Gidik	SAMAS	400M	800M	1500M	80MH
W4015	Angeline Jumbo	SAMAS	80MH	HJ	Discus	Javelin
W4016	Rohainah Bt Wahab	M'ca Masters	HJ	LJ	TJ	
W4017	Chan Choon Hwa	S'gor Indiv	2000MW			

**WOMEN 45- 49**

W4501	Legah Meyyappan	FITMA	800M	1500M	2000MW	LJ
W4502	Mitra Jafarpour Zideh Saraei	IRAN	100M	200M	400M	
W4503	Klaris Kaprelian Hadani	IRAN	800M	1500M		
W4504	Shailja Beniwal	Haryana Mast India	2000MW	TJ	SP	Discus
W4505	Almawati Kassim	Perak Masters	100M	80MH	LJ	TJ
W4506	Fazeela Binti M Hairi	Perak Masters	2000M			
W4507	Nalina Devi A/P Applanaidu	Perak Masters	200M	SP		
W4508	Nurul Azwa Binti Ahmad	Perak Masters	2000MW			
W4509	Parida Binti Usman	SAMAS	100M	200M	400M	
W4510	Judith Tami Richard	SAMAS	200M	400M	800M	80MH
W4511	Linah Bt Ikun	SAMAS	100M	200M	400M	80MH
W4512	Laura Binti Dosui	SAMAS	100M	HJ	LJ	TJ
W4513	Parameswari Sellaparma	P'ng Masters	100M	200M	LJ	
W4514	Jeyanthi a/p Sintrasakaren	P'ng Masters	200M	400M		

**WOMEN 50 - 54**

W5001	Tamilslve Periasamy	FITMA	200M	400M	800M	1500M
W5002	Wong Choy Lan	FITMA	400M	800M	2000M	Javelin
W5003	Pushpa a/p Kuppusamy	S'gor Masters	400M	1500M		
W5004	Marta Basa Lokman	Labuan Masters	100M	200M	LJ	TJ
W5005	N Jayanthi A/P R Narayanan	Perak Masters	100M	200M		
W5006	Nokalmah Sanasee	Perak Masters	100M	200M	400M	800M
W5007	Noral Azian Binti Zainal	Perak Masters	SP	Discus	Javelin	
W5008	Tiffany Soh Beng Chu	S'gor Masters	2000MW	HJ	SP	Discus
W5009	Dona Heenatimulla N Nethramalee	S Lanka Mast	SP	Discus		
W5010	Savita Devi	NMAA India	100M	LJ	SP	

**WOMEN 55 - 59**

W5501	Jessee Tsen Chew Moi	Labuan Masters	SP	Discus	Javelin	
W5502	Husna Binti Abdullah	Brunei	400M	800M	1500M	2000M
W5503	K Matsya Konda	India Mast Ath	SP	Discus	Javelin	
W5504	Amalia Marquez Barcoma	FITMA	2000MW	Discus	Javelin	
W5505	Ziba Khorramian	IRAN	400M	1500M		
W5506	Mozhgan Manouchehri	IRAN	1500M	HJ		
W5507	Suzyla Binti Jaffar	Perak Masters	2000M	LJ	SP	Discus
W5508	Margaret Petrus	SAMAS	100M	200M	HJ	LJ

W5509	Jessie Manjin	SAMAS	SP	Discus	Javelin	
W5510	Mariani Binti Manan	SAMAS	HJ	LJ	TJ	Discus
W5511	Jomyta Binti Elon	SAMAS	100M	200M	LJ	Discus
W5512	Rose Sidau	SAMAS	800M	1500M	2000M	
W5513	Erine Sinuel	SAMAS	100M	200M	400M	SP
W5514	Sri Murni Hasyim	PAMI	TJ			
W5515	ThamilSelvi Rajamanickam	S'gor Indiv	2000MW			
W5516	Vasanthi Shiromalee P Wanasinghe	S Lanka Mast	Discus	Javelin		

### WOMEN 60 - 64

W6001	Roselina Bakar	S'gor Masters	100M	200M	HJ	LJ
W6002	Zhila Shakerian	IRAN	2000MW			
W6003	Raineh @ Tambi Binti Sawan	SAMAS	100M	200M	2000MW	
W6004	Theresa Sidau	SAMAS	400M	LJ	TJ	Javelin
W6005	Mariana W Molijuh	SAMAS	Discus	Javelin		
W6006	Salvarani a/p Krishnan	P'ng Masters	800M	1500M	2000M	2000MW
W6007	Belinda Ting Yew King	S'gor Masters	100M	200M	400M	2000MW
W6008	Sesly Asirvatham	S'gor Masters	2000MW			
W6009	Theresline a/p Asirvatham	S'gor Masters	HJ	SP	Discus	
W6010	Goh Kim Hong Maggie	S'gor Masters	800M	1500M	2000M	2000MW
W6011	Letchumprabah Ramachandran	S'gor Masters	SP	Discus		
W6012	Sinnamah a/p Golla Bangaru	S'gor Masters	400M	800M	1500M	2000M
W6013	Herni Sosiana Indrapranaya	PAMI	Discus			
W6014	Siti Diah Binti Jani	Brunei Masters	SP	Javelin		

### WOMEN 65 - 69

W6501	H M Sujatha	India Mast Ath	SP	Discus	Javelin	
W6502	Maryam Heidari	IRAN	100M	200M		
W6503	Zainah Binti Jaafar	Perak Masters	2000MW			
W6504	Maryem Joinol	SAMAS	SP	Javelin		
W6505	Jouti @ Vironica Binti Elau	SAMAS	800M	1500M	2000M	2000MW
W6506	Samsiah @ Shamsiah Md Yassin	SAMAS	100M	200M	400M	
W6507	Banumathy Sundaram	S'gor Masters	2000MW			
W6508	Dr Pushfa a/p Ramasamy	KL Masters	SP	Discus	Javelin	
W6509	Nur Aishah Abdullah	S'gor Masters	2000MW	SP	Discus	Javelin
W6510	Hajah Aminah Hj Awg. Damit	Brunei Masters	Javelin			
W6511	Hajah Mariah Hj Metussin	Brunei Masters	SP	Discus		

**WOMEN 70 - 74**

W7001	Anny Michael Nanak	SAMAS	SP	Discus	Javelin	
W7002	Hiew Nyuk Kyau @ Susanna	SAMAS	2000MW			
W7003	Kimih Binti Monjitol @ Florence	SAMAS	800M	1500M	2000M	2000MW
W7004	Jentunis @ Christina Labanjing	SAMAS	100M	200M	LJ	TJ
W7005	Helena Majalang	SAMAS	SP	Discus	Javelin	
W7006	Tan Teck See	S'gor Masters	200M	800M	2000MW	
W7007	Saroj Bala	NMAA India	SP	Discus	Javelin	

**WOMEN 75 - 79**

W7501	Lee Ngit Yung	SAMAS	LJ	SP	Discus	Javelin
W7502	Margaretha Aritonang	PAMI	100M	200M	LJ	TJ
W7503	Satwant Kaur Sidhu	NMAA India	100M	2000MW	SP	

**WOMEN 90 - 94**

W9001	Marietje Elizabeth Rorek	PAMI	SP	Discus	Javelin	