



To :

**ALL STATE MASTERS ATHLETIC ASSOCIATIONS &
ALL MALAYSIAN MASTER ATHLETES**

GREETINGS FROM MMAA!

INFORMATION ON REGISTRATION FOR 23RD AMAC

We are pleased to inform that the 23rd Asia Masters Athletics Championships (23rd AMAC) will be organised in Chennai, Tamil Nadu, India, from 5 - 9 November 2025.

To master athletes who are interested to participate in this championships, please follow the criteria and instructions set as below:

Criteria and instructions to be followed by all Malaysian master athletes

1. All Malaysians 35 years and above are allowed to participate in the 23rd AMAC (Registered members of State Masters Athletic Associations and Non members).

All entries must be validated by MMAA.

2. Entries from State Masters Athletic Associations:

All entry forms, documents and the fee must be collected by the State Masters Athletics Associations Secretaries and send to MMAA for online registration.

The Closing date for sending all the entries to MMAA : **10th August 2025.**

Entry Forms and all documents must be sent

- By hand or
- By Registered Post to MMAA to the below address :

President MMAA
No. 20, SS 3/49
47300, Petaling Jaya, Selangor D.E.

- **DO NOT SEND** entry forms via e mail or Whatsapp.
- **Members of State Masters Athletic Associations SHOULD NOT send entry form individually to MMAA.** All entries must come through the State Masters

Athletic Associations.

- **Entry forms or any request after the dateline will not be accepted.**
3. **Non - members** can send their entries direct to MMAA with all the document and entry fee via registered post to the above address or send by hand.
 4. Any queries and doubts from athletes must be sent to MMAA through the **Secretaries of** State Masters Athletics Associations. The State Masters Athletics Associations should take the responsibility to inform all procedures to their members. State Masters Athletics Associations to collect all the entry forms, documents, payments and send to MMAA within the time frame fixed (**10th August 2025**).
 5. It is the responsibility of the State Masters Athletic Associations to distribute the attire to their members who have registered for 23rd AMAC.
 6. All athletes registered for the 23rd AMAC will be provided with **T Shirt and Runing Vest by MMAA**.
 7. Registered master athletes (as members in MMAA or in any State Masters Athletic Associations) who **have won medals** (Gold, Silver, Bronze) in the 36th Malaysian International Open Masters Athletic Championships in 2024 , and or in the 37th Malaysian Masters Athletic Championships, 2025, organised by MMAA, representing their state masters athletics association will qualify for Track Suits (if available).
 8. Members who have not won any medals in Malaysian Masters Athletics Championships organised by MMAA (2024 and /or 2025), if wish to participate in the 23rd AMAC 'March Past' **must purchase the national contingent** "Track Suits" (**Not compulsory**).
 9. MMAA will organise a '**Flag Handing Over Ceremony**' for the Malaysian Contingent. Date, time & place will be informed later.
 10. The first information on 23rd AMAC have been sent to all State Masters Athletic Associations on **10th June 2025**. The information have been uploaded in the MMAA website. **It is important for the athletes to read and understand the rules and regulations before registering for 23rd AMAC.**
 11. Athletes who need '**Surat Cuti Tanpa Rekod**' after registering, can request to MMAA.
 12. Closing date for registration to Malaysian master athletes: **10th August 2025**
All documents and payment must reach MMAA latest by 10th August 2025.
 13. **Documents to be sent to MMAA by Registered POST or by hand:**
 - **Entry Form & Athlete's Declaration** –filled completely with correct information with original signature.
 - Copy of Passport (showing date of birth),
(The above must be sent by registered post)

and only

Passport Copies must be scanned and send to MMAA via e mail (amasiva42@gmail.com) by 10th August 2025.

Method of Payment :

- a). **AMA Fee USD 20** – must be handed over in USD currency and please make sure the currency notes are new US currency.

MMAA have to hand over this fee to the AMA Treasurer in ***cash in India.***

- b). **The rest of the payment :**

Convert the USD into Ringgit Malaysia at
One USD = RM4.50

(pay through MMAA Account and the payment slip must be send to amasiva42@gmail.com before 10th August 2025)

MMAA account No. : 100090014016
Account Name : Persatuan Olahraga Master Malaysia
Bank : Affin Bank, Cawangan Bukit Baru, Melaka.

14. COMMUNICATION REGARDING 23RD AMAC:

For All communication regarding Malaysian master athletes' participation in the 23rd AMAC, please contact the following officers ONLY:

MR. SELAMAT BIN SARIF (013 607 5669)

SGT. MAJOR (R) GP BALAN (012 239 6796)

Thank you and MMAA wish all Malaysian master athletes all the best!

SELAMAT BIN SARIF
Deputy President MMAA
Cum Team Manager 23rd AMAC

SGT. MAJOR(R) GP BALAN
Hon. Secretary MMAA
Cum Deputy Team Manager 23rd AMAC

S. SIVAPRAGASAM
PRESIDENT MMAA
23rd June 2025