

**21st Asia Masters Athletics Championships 2019**  
**Programme Day 1 - 02/12/2019 (MONDAY)**

<b>Event No.</b>	<b>Time</b>	<b>Event</b>	<b>Category</b>	<b>Gender</b>	<b>Stage</b>	<b>Venue</b>
101	0700	5,000m	M 35	Men	Final	Stadium 1
102	0700	5,000m	M 40	Men	Final	Stadium 1
103	0700	5,000m	M 45	Men	Final	Stadium 1
104	0700	5,000m	W 35	Women	Final	Stadium 2
105	0700	5,000m	W 40	Women	Final	Stadium 2
106	0700	5,000m	W 45	Women	Final	Stadium 2
107	0730	Shot Put	M 60	Men	Final	Stadium 2
108	0730	Shot Put	M 35	Men	Final	VENUE 3A
109	0730	Shot Put	M 85	Men	Final	VENUE 3B
110	0730	Shot Put	M 90	Men	Final	VENUE 3B
111	0730	Shot Put	M 95	Men	Final	VENUE 3B
112	0730	Discus	W 35	Women	Final	Stadium 1
113	0730	Discus	W 60	Women	Final	Stadium 2
114	0730	High Jump	M 35	Men	Final	Stadium 1
115	0730	High Jump	M 40	Men	Final	Stadium 2
116	0730	5,000m	M 50	Men	Final	Stadium 1
117	0730	5,000m	M 55	Men	Final	Stadium 1
118	0730	5,000m	M 60	Men	Final	Stadium 1
119	0735	5,000m	W 50	Women	Final	Stadium 2
120	0735	5,000m	W 55	Women	Final	Stadium 2
121	0735	5,000m	W 60	Women	Final	Stadium 2
122	0735	5,000m	W 65	Women	Final	Stadium 2
123	0800	Triple Jump	M 35	Men	Final	Stadium 1A
124	0800	Triple Jump	M 60	Men	Final	Stadium 1B
125	0810	5,000m	M 65	Men	Final	Stadium 1
126	0810	5,000m	M 70	Men	Final	Stadium 1
127	0810	5,000m	M 75	Men	Final	Stadium 1
128	0815	5,000m	W 70	Women	Final	Stadium 2
129	0815	5,000m	W 75	Women	Final	Stadium 2
130	0815	5,000m	W 80	Women	Final	Stadium 2
131	0850	5,000m	M 80	Men	Final	Stadium 1
132	0850	5,000m	M 90	Men	Final	Stadium 1
133	0900	Discus	W 40	Women	Final	Stadium 1
134/1	0905	100m	W 35	Women	Heat 1	Stadium 2
134/2	0905	100m	W 35	Women	Heat 2	Stadium 2
135/1	0915	100m	W 40	Women	Heat 1	Stadium 2
135/2	0915	100m	W 40	Women	Heat 2	Stadium 2
135/3	0915	100m	W 40	Women	Heat 3	Stadium 2
136	0930	Triple Jump	M 40	Men	Final	Stadium 1A
137	0930	Triple Jump	M 65	Men	Final	Stadium 1B
138	0930	High Jump	M 50	Men	Final	Stadium 2
139	0930	Shot Put	M 65	Men	Final	Stadium 2
140	0930	Shot Put	M 70	Men	Final	VENUE 3B
141	0930	Shot Put	M 75	Men	Final	VENUE 3A
142/1	0935	100m	W 45	Women	Heat 1	Stadium 2
142/2	0935	100m	W 45	Women	Heat 2	Stadium 2
142/3	0935	100m	W 45	Women	Heat 3	Stadium 2
143/1	0955	100m	W 50	Women	Heat 1	Stadium 2
143/2	0955	100m	W 50	Women	Heat 2	Stadium 2

<i><b>Event No.</b></i>	<i><b>Time</b></i>	<i><b>Event</b></i>	<i><b>Category</b></i>	<i><b>Gender</b></i>	<i><b>Stage</b></i>	<i><b>Venue</b></i>
143/3	0955	100m	W 50	Women	Heat 3	Stadium 2
144	1000	High Jump	M 45	Men	Final	Stadium 1
145/1	1000	100m	M 35	Men	Heat 1	Stadium 1
145/2	1000	100m	M 35	Men	Heat 2	Stadium 1
145/3	1000	100m	M 35	Men	Heat 3	Stadium 1
145/4	1000	100m	M 35	Men	Heat 4	Stadium 1
145/5	1000	100m	M 35	Men	Heat 5	Stadium 1
146/1	1015	100m	W 55	Women	Heat 1	Stadium 2
146/2	1015	100m	W 55	Women	Heat 2	Stadium 2
146/3	1015	100m	W 55	Women	Heat 3	Stadium 2
147	1030	Discus	W 65	Women	Final	Stadium 2
148/1	1030	100m	W 60	Women	Heat 1	Stadium 2
148/2	1030	100m	W 60	Women	Heat 2	Stadium 2
149/1	1040	100m	M 40	Men	Heat 1	Stadium 1
149/2	1040	100m	M 40	Men	Heat 2	Stadium 1
149/3	1040	100m	M 40	Men	Heat 3	Stadium 1
149/4	1040	100m	M 40	Men	Heat 4	Stadium 1
149/5	1040	100m	M 40	Men	Heat 5	Stadium 1
149/6	1040	100m	M 40	Men	Heat 6	Stadium 1
150/1	1040	100m	W 65	Women	Heat 1	Stadium 2
150/2	1040	100m	W 65	Women	Heat 2	Stadium 2
151/1	1055	100m	W 70	Women	Heat 1	Stadium 2
151/2	1055	100m	W 70	Women	Heat 2	Stadium 2
152	1100	Discus	W 45	Women	Final	Stadium 1
153	1100	Shot Put	M 80	Men	Final	VENUE 3A
154/1	1100	100m	M 45	Men	Heat 1	Stadium 1
154/2	1100	100m	M 45	Men	Heat 2	Stadium 1
154/3	1100	100m	M 45	Men	Heat 3	Stadium 1
154/4	1100	100m	M 45	Men	Heat 4	Stadium 1
154/5	1100	100m	M 45	Men	Heat 5	Stadium 1
154/6	1100	100m	M 45	Men	Heat 6	Stadium 1
155/1	1110	100m	W 75	Women	Heat 1	Stadium 2
155/2	1110	100m	W 75	Women	Heat 2	Stadium 2
156/1	1120	100m	M 50	Men	Heat 1	Stadium 1
156/2	1120	100m	M 50	Men	Heat 2	Stadium 1
156/3	1120	100m	M 50	Men	Heat 3	Stadium 1
156/4	1120	100m	M 50	Men	Heat 4	Stadium 1
156/5	1120	100m	M 50	Men	Heat 5	Stadium 1
157	1120	100m	W 80 +	Women	Final	Stadium 2
158	1130	High Jump	M 60	Men	Final	Stadium 2
159	1130	Shot Put	M 50	Men	Final	Stadium 2

<i><b>Event No.</b></i>	<i><b>Time</b></i>	<i><b>Event</b></i>	<i><b>Category</b></i>	<i><b>Gender</b></i>	<i><b>Stage</b></i>	<i><b>Venue</b></i>
160	1130	Shot Put	M 55	Men	Final	VENUE 3B
161	1130	100m	W 35	Women	Final	Stadium 2
162	1135	100m	W 40	Women	Final	Stadium 2
163/1	1140	100m	M 55	Men	Heat 1	Stadium 1
163/2	1140	100m	M 55	Men	Heat 2	Stadium 1
163/3	1140	100m	M 55	Men	Heat 3	Stadium 1
163/4	1140	100m	M 55	Men	Heat 4	Stadium 1
163/5	1140	100m	M 55	Men	Heat 5	Stadium 1
164	1145	100m	W 45	Women	Final	Stadium 2
165	1155	100m	W 50	Women	Final	Stadium 2
166	1200	Discus	W 70	Women	Final	Stadium 2
167	1200	Triple Jump	M 45	Men	Final	Stadium 1A
168	1200	Triple Jump	M 80	Men	Final	Stadium 1B
169	1200	Triple Jump	M 85	Men	Final	Stadium 1B
170	1200	High Jump	M 55	Men	Final	Stadium 1
171	1200	100m	W 55	Women	Final	Stadium 2
172	1205	100m	W 60	Women	Final	Stadium 2
173/1	1210	100m	M 60	Men	Heat 1	Stadium 1
173/2	1210	100m	M 60	Men	Heat 2	Stadium 1
173/3	1210	100m	M 60	Men	Heat 3	Stadium 1
173/4	1210	100m	M 60	Men	Heat 4	Stadium 1
173/5	1210	100m	M 60	Men	Heat 5	Stadium 1
174	1210	100m	W 65	Women	Final	Stadium 2
175	1220	100m	W 70	Women	Final	Stadium 2
176	1230	Shot Put	M 40	Men	Final	VENUE 3A
177/1	1230	100m	M 65	Men	Heat 1	Stadium 1
177/2	1230	100m	M 65	Men	Heat 2	Stadium 1
177/3	1230	100m	M 65	Men	Heat 3	Stadium 1
177/4	1230	100m	M 65	Men	Heat 4	Stadium 1
178	1230	100m	W 75	Women	Final	Stadium 2
179/1	1250	100m	M 70	Men	Heat 1	Stadium 1
179/2	1250	100m	M 70	Men	Heat 2	Stadium 1
179/3	1250	100m	M 70	Men	Heat 3	Stadium 1
179/4	1250	100m	M 70	Men	Heat 4	Stadium 1
180	1300	Discus	W 50	Women	Final	Stadium 1
181/1	1310	100m	M 75	Men	Heat 1	Stadium 1
181/2	1310	100m	M 75	Men	Heat 2	Stadium 1
182/1	1320	100m	M 80	Men	Heat 1	Stadium 1
182/2	1320	100m	M 80	Men	Heat 2	Stadium 1
183	1330	Discus	W 75	Women	Final	Stadium 2
184	1330	Discus	W 80	Women	Final	Stadium 2
185	1330	Discus	W 85	Women	Final	Stadium 2

<i><b>Event No.</b></i>	<i><b>Time</b></i>	<i><b>Event</b></i>	<i><b>Category</b></i>	<i><b>Gender</b></i>	<i><b>Stage</b></i>	<i><b>Venue</b></i>
186	1330	Discus	W 90	Women	Final	Stadium 2
187	1330	Shot Put	M 45	Men	Final	Stadium 2
188	1330	High Jump	M 70	Men	Final	Stadium 2
189	1340	100m	M 85	Men	Final	Stadium 1
190	1350	100m	M 90 +	Men	Final	Stadium 1
191	1400	Triple Jump	M 70	Men	Final	Stadium 1B
192	1400	Triple Jump	M 75	Men	Final	Stadium 1B
193	1400	100m	M 35	Men	Final	Stadium 1
194	1400	800m	M 35	Men	Final	Stadium 2
195	1405	100m	M 40	Men	Final	Stadium 1
196	1410	100m	M 45	Men	Final	Stadium 1
197/1	1410	800m	M 40	Men	Final 1	Stadium 2
197/2	1410	800m	M 40	Men	Final 2	Stadium 2
198	1415	100m	M 50	Men	Final	Stadium 1
199	1420	100m	M 55	Men	Final	Stadium 1
1100/1	1420	800m	M 45	Men	Final 1	Stadium 2
1100/2	1420	800m	M 45	Men	Final 2	Stadium 2
1101	1425	100m	M 60	Men	Final	Stadium 1
1102	1430	100m	M 65	Men	Final	Stadium 1
1103/1	1430	800m	M 50	Men	Final 1	Stadium 2
1103/2	1430	800m	M 50	Men	Final 2	Stadium 2
1104	1430	Triple Jump	M 50	Men	Final	Stadium 1A
1105	1435	100m	M 70	Men	Final	Stadium 1
1106	1440	100m	M 75	Men	Final	Stadium 1
1107/1	1440	800m	M 55	Men	Final 1	Stadium 2
1107/2	1440	800m	M 55	Men	Final 2	Stadium 2
1108	1445	100m	M 80	Men	Final	Stadium 1
1109	1450	800m	M 60	Men	Final	Stadium 2
1110	1500	Triple Jump	M 55	Men	Final	Stadium 2
1111	1500	Discus	W 55	Women	Final	Stadium 2
1112	1500	High Jump	M 65	Men	Final	Stadium 1
1113	1500	800m	M 65	Men	Final	Stadium 2
1114	1510	800m	M 70	Men	Final	Stadium 2
1115	1520	800m	M 75	Men	Final	Stadium 2
1116	1530	High Jump	M 75	Men	Final	Stadium 2
1117	1530	High Jump	M 80	Men	Final	Stadium 2
1118	1530	800m	M 80+	Men	Final	Stadium 2
1119	1540	800m	W 35	Women	Final	Stadium 2
1120	1550	800m	W 40	Women	Final	Stadium 2
1121	1600	800m	W 45	Women	Final	Stadium 2
1122	1610	800m	W 50	Women	Final	Stadium 2
1123	1620	800m	W 55	Women	Final	Stadium 2

<i><b>Event No.</b></i>	<i><b>Time</b></i>	<i><b>Event</b></i>	<i><b>Category</b></i>	<i><b>Gender</b></i>	<i><b>Stage</b></i>	<i><b>Venue</b></i>
1124	1630	800m	W 60	Women	Final	Stadium 2
1125	1640	800m	W 65	Women	Final	Stadium 2
1126	1650	800m	W 70	Women	Final	Stadium 2
1127	1700	800m	W 75	Women	Final	Stadium 2
1128	1700	800m	W 80 +	Women	Final	Stadium 2

	1
	1A
	1B
	2
	3A
	3B

**21st Asia Masters Athletics Championships 2019**  
**Programme Day 2 - 03/12/2019 (TUESDAY)**

<b>Event No.</b>	<b>Time</b>	<b>Event</b>	<b>Category</b>	<b>Gender</b>	<b>Stage</b>	<b>Venue</b>
201	0800	High Jump	W 35	Women	Final	Stadium 1
202	0800	High Jump	W 40	Women	Final	Stadium 1
203	0800	High Jump	W 45	Women	Final	Stadium 2
204	0800	Javelin	W 100	Women	Final	Stadium 1
205	0800	Javelin	W 75	Women	Final	Stadium 1
206	0800	Javelin	W 80	Women	Final	Stadium 1
207	0800	Javelin	W 85	Women	Final	Stadium 1
208	0800	Javelin	W 90	Women	Final	Stadium 1
209	0800	Javelin	W 50	Women	Final	Stadium 2
210	0800	Triple Jump	W 50	Women	Final	Stadium 1A
211	0800	Triple Jump	W 55	Women	Final	Stadium 1B
212	0800	400m	W 65	Women	Final	Stadium 1
213	0800	400m	W 75	Women	Final	Stadium 1
214/1	0800	400m	M 35	Men	Heat 1	Stadium 2
214/2	0800	400m	M 35	Men	Heat 2	Stadium 2
214/3	0800	400m	M 35	Men	Heat 3	Stadium 2
214/4	0800	400m	M 35	Men	Heat 4	Stadium 2
215	0810	400m	M 85	Men	Final	Stadium 1
216	0810	400m	M 90	Men	Final	Stadium 1
217/1	0820	400m	W 35	Women	Heat 1	Stadium 2
217/2	0820	400m	W 35	Women	Heat 2	Stadium 2
218/1	0830	100m Hurdles	M 60	Men	Heat 1	Stadium 1
218/2	0830	100m Hurdles	M 60	Men	Heat 2	Stadium 1
219/1	0830	400m	M 40	Men	Heat 1	Stadium 2
219/2	0830	400m	M 40	Men	Heat 2	Stadium 2
219/3	0830	400m	M 40	Men	Heat 3	Stadium 2
219/4	0830	400m	M 40	Men	Heat 4	Stadium 2
220/1	0845	100m Hurdles	M 65	Men	Heat 1	Stadium 1
220/2	0845	100m Hurdles	M 65	Men	Heat 2	Stadium 1
221/1	0850	400m	W 40	Women	Heat 1	Stadium 2
221/2	0850	400m	W 40	Women	Heat 2	Stadium 2
222/1	0900	400m	M 45	Men	Heat 1	Stadium 2
222/2	0900	400m	M 45	Men	Heat 2	Stadium 2
222/3	0900	400m	M 45	Men	Heat 3	Stadium 2
222/4	0900	400m	M 45	Men	Heat 4	Stadium 2
222/5	0900	400m	M 45	Men	Heat 5	Stadium 2
223/1	0910	100m Hurdles	M 50	Men	Heat 1	Stadium 1
223/2	0910	100m Hurdles	M 50	Men	Heat 2	Stadium 1
223/3	0910	100m Hurdles	M 50	Men	Heat 3	Stadium 1
224/1	0925	100m Hurdles	M 55	Men	Heat 1	Stadium 1
224/2	0925	100m Hurdles	M 55	Men	Heat 2	Stadium 1
224/3	0925	100m Hurdles	M 55	Men	Heat 3	Stadium 1
225/1	0925	400m	W 45	Women	Heat 1	Stadium 2
225/2	0925	400m	W 45	Women	Heat 2	Stadium 2
225/3	0925	400m	W 45	Women	Heat 3	Stadium 2
226	0930	Triple Jump	W 35	Women	Final	Stadium 1A
227	0930	Triple Jump	W 60	Women	Final	Stadium 1B
228/1	0930	400m	M 50	Men	Heat 1	Stadium 2
228/2	0930	400m	M 50	Men	Heat 2	Stadium 2
228/3	0930	400m	M 50	Men	Heat 3	Stadium 2

<b>Event No.</b>	<b>Time</b>	<b>Event</b>	<b>Category</b>	<b>Gender</b>	<b>Stage</b>	<b>Venue</b>
228/4	0930	400m	M 50	Men	Heat 4	Stadium 2
229/1	0950	400m	W 50	Women	Heat 1	Stadium 2
229/2	0950	400m	W 50	Women	Heat 2	Stadium 2
229/3	0950	400m	W 50	Women	Heat 3	Stadium 2
230	1000	High Jump	W 50	Women	Final	Stadium 2
231	1000	Javelin	W 40	Women	Final	Stadium 1
232	1000	Javelin	W 55	Women	Final	Stadium 2
233/1	1000	110m Hurdles	M 35	Men	Heat 1	Stadium 1
233/2	1000	110m Hurdles	M 35	Men	Heat 2	Stadium 1
234/1	1015	110m Hurdles	M 40	Men	Heat 1	Stadium 1
234/2	1015	110m Hurdles	M 40	Men	Heat 2	Stadium 1
235/1	1015	400m	M 55	Men	Heat 1	Stadium 2
235/2	1015	400m	M 55	Men	Heat 2	Stadium 2
235/3	1015	400m	M 55	Men	Heat 3	Stadium 2
235/4	1015	400m	M 55	Men	Heat 4	Stadium 2
236/1	1030	110m Hurdles	M 45	Men	Heat 1	Stadium 1
236/2	1030	110m Hurdles	M 45	Men	Heat 2	Stadium 1
237/1	1035	400m	W 55	Women	Heat 1	Stadium 2
237/2	1035	400m	W 55	Women	Heat 2	Stadium 2
238/1	1045	400m	M 60	Men	Heat 1	Stadium 2
238/2	1045	400m	M 60	Men	Heat 2	Stadium 2
238/3	1045	400m	M 60	Men	Heat 3	Stadium 2
238/4	1045	400m	M 60	Men	Heat 4	Stadium 2
239	1100	High Jump	W 55	Women	Final	Stadium 1
240	1100	High Jump	W 60	Women	Final	Stadium 1
241	1100	Triple Jump	W 40	Women	Final	Stadium 1A
242/1	1105	400m	W 60	Women	Heat 1	Stadium 2
242/2	1105	400m	W 60	Women	Heat 2	Stadium 2
243/1	1115	400m	M 65	Men	Heat 1	Stadium 2
243/2	1115	400m	M 65	Men	Heat 2	Stadium 2
243/3	1115	400m	M 65	Men	Heat 3	Stadium 2
243/4	1115	400m	M 65	Men	Heat 4	Stadium 2
244	1130	Triple Jump	W 65	Women	Final	Stadium 1B
245/1	1135	400m	M 70	Men	Heat 1	Stadium 2
245/2	1135	400m	M 70	Men	Heat 2	Stadium 2
245/3	1135	400m	M 70	Men	Heat 3	Stadium 2
246/1	1150	400m	W 70	Women	Heat 1	Stadium 2
246/2	1150	400m	W 70	Women	Heat 2	Stadium 2
247	1200	Javelin	W 35	Women	Final	Stadium 1
248	1200	Javelin	W 60	Women	Final	Stadium 2
249/1	1200	400m	M 75	Men	Heat 1	Stadium 2
249/2	1200	400m	M 75	Men	Heat 2	Stadium 2
250/1	1210	400m	M 80	Men	Heat 1	Stadium 2
250/2	1210	400m	M 80	Men	Heat 2	Stadium 2
251	1230	80m Hurdles	M 80	Men	Final	Stadium 2
252	1230	80m Hurdles	M 85	Men	Final	Stadium 2
253	1250	80m Hurdles	W 60	Women	Final	Stadium 2
254	1300	80m Hurdles	W 65	Women	Final	Stadium 2
255	1310	80m Hurdles	W 70 +	Women	Final	Stadium 2
256/1	1320	80m Hurdles	W 40	Women	Heat 1	Stadium 2
256/2	1320	80m Hurdles	W 40	Women	Heat 2	Stadium 2
257/1	1330	80m Hurdles	W 45	Women	Heat 1	Stadium 2
257/2	1330	80m Hurdles	W 45	Women	Heat 2	Stadium 2
258	1400	Javelin	W 45	Women	Final	Stadium 1

<b>Event No.</b>	<b>Time</b>	<b>Event</b>	<b>Category</b>	<b>Gender</b>	<b>Stage</b>	<b>Venue</b>
259	1400	Javelin	W 65	Women	Final	Stadium 2
260	1400	Javelin	W 70	Women	Final	Stadium 2
261	1400	High Jump	W 65	Women	Final	Stadium 2
262	1400	High Jump	W 70	Women	Final	Stadium 2
263	1400	High Jump	W 75	Women	Final	Stadium 2
264	1400	Triple Jump	W 45	Women	Final	Stadium 1A
265	1400	Triple Jump	W 70	Women	Final	Stadium 1B
266	1400	Triple Jump	W 75	Women	Final	Stadium 1B
267	1400	Triple Jump	W 80 +	Women	Final	Stadium 1B
268	1430	110m Hurdles	M 45	Men	Final	Stadium 1
269	1430	80m Hurdles	W 45	Women	Final	Stadium 2
270	1440	110m Hurdles	M 40	Men	Final	Stadium 1
271	1440	80m Hurdles	W 40	Women	Final	Stadium 2
272	1450	110m Hurdles	M 35	Men	Final	Stadium 1
273	1500	80m Hurdles	W 50	Women	Final	Stadium 2
274	1510	100m Hurdles	M 50	Men	Final	Stadium 1
275	1510	80m Hurdles	W 55	Women	Final	Stadium 2
276	1520	100m Hurdles	M 55	Men	Final	Stadium 1
277	1520	80m Hurdles	M 70	Men	Final	Stadium 2
278	1530	80m Hurdles	M 75	Men	Final	Stadium 2
279	1540	100m Hurdles	M 60	Men	Final	Stadium 1
280	1540	400m	M 35	Men	Final	Stadium 2
281	1545	400m	W 35	Women	Final	Stadium 2
282	1550	100m Hurdles	M 65	Men	Final	Stadium 1
283	1550	400m	M 40	Men	Final	Stadium 2
284	1555	400m	W 40	Women	Final	Stadium 2
285	1600	100m Hurdles	W 35	Women	Final	Stadium 1
286	1600	400m	M 45	Men	Final	Stadium 2
287	1605	400m	W 45	Women	Final	Stadium 2
288	1610	400m	M 50	Men	Final	Stadium 2
289	1615	400m	W 50	Women	Final	Stadium 2
290	1620	400m	M 55	Men	Final	Stadium 2
291	1625	400m	W 55	Women	Final	Stadium 2
292	1630	400m	M 60	Men	Final	Stadium 2
293	1635	400m	W 60	Women	Final	Stadium 2
294	1640	400m	M 65	Men	Final	Stadium 2
295	1645	400m	M 70	Men	Final	Stadium 2
296	1650	400m	W 70	Women	Final	Stadium 2
297	1655	400m	M 75	Men	Final	Stadium 2
298	1700	400m	M 80	Men	Final	Stadium 2
299	1705	400m	W 80 +	Women	Final	Stadium 2

	1
	1A
	1B
	2
	3A
	3B



**21st Asia Masters Athletics Championships 2019**  
**Programme Day 3 - 04/12/2019 (WEDNESDAY)**

<b>Event No.</b>	<b>Time</b>	<b>Event</b>	<b>Category</b>	<b>Gender</b>	<b>Stage</b>	<b>Venue</b>
301	0700	5,000m Track Walk	M 95	Men	Final	Stadium 1
302	0700	5,000m Track Walk	M 90	Men	Final	Stadium 1
303	0700	5,000m Track Walk	M 80	Men	Final	Stadium 1
304	0700	5,000m Track Walk	M 75	Men	Final	Stadium 1
305	0700	5,000m Track Walk	M 70	Men	Final	Stadium 1
306	0700	5,000m Track Walk	W 90 +	Women	Final	Stadium 2
307	0700	5,000m Track Walk	W 80	Women	Final	Stadium 2
308	0700	5,000m Track Walk	W 75	Women	Final	Stadium 2
309	0700	5,000m Track Walk	W 70	Women	Final	Stadium 2
310	0730	Discus	M 35	Men	Final	Stadium 1
311	0730	Discus	M 40	Men	Final	Stadium 2
312	0730	Long Jump	M 35	Men	Final	Stadium 1A
313	0730	Long Jump	M 40	Men	Final	Stadium 1B
314	0730	Shot Put	W 40	Women	Final	Stadium 2
315	0730	Shot Put	W 35	Women	Final	VENUE 3A
316	0800	Pole Vault	W 50	Women	Final	Stadium 1
317	0800	Pole Vault	W 55	Women	Final	Stadium 1
318	0800	Pole Vault	W 60	Women	Final	Stadium 1
319	0800	Pole Vault	W 65	Women	Final	Stadium 1
320	0805	5,000m Track Walk	M 65	Men	Final	Stadium 1
321	0805	5,000m Track Walk	M 60	Men	Final	Stadium 1
322	0810	5,000m Track Walk	W 65	Women	Final	Stadium 2
323	0900	5,000m Track Walk	M 55	Men	Final	Stadium 1
324	0900	5,000m Track Walk	M 50	Men	Final	Stadium 1
325	0900	Long Jump	M 50	Men	Final	Stadium 1B
326	0910	5,000m Track Walk	W 60	Women	Final	Stadium 2
327	0910	5,000m Track Walk	W 55	Women	Final	Stadium 2
328	0910	5,000m Track Walk	W 50	Women	Final	Stadium 2
329	0930	Discus	M 50	Men	Final	Stadium 1
330	0930	Discus	M 45	Men	Final	Stadium 2
331	0930	Long Jump	M 45	Men	Final	Stadium 1A
332	0930	Shot Put	W 50	Women	Final	Stadium 2
333	0930	Shot Put	W 45	Women	Final	VENUE 3A
334	0955	5,000m Track Walk	M 45	Men	Final	Stadium 1
335	0955	5,000m Track Walk	M 40	Men	Final	Stadium 1
336	0955	5,000m Track Walk	M 35	Men	Final	Stadium 1
337	1010	5,000m Track Walk	W 45	Women	Final	Stadium 2
338	1010	5,000m Track Walk	W 40	Women	Final	Stadium 2
339	1010	5,000m Track Walk	W 35	Women	Final	Stadium 2
340/1	1050	200m	M 35	Men	Heat 1	Stadium 1
340/2	1050	200m	M 35	Men	Heat 2	Stadium 1
340/3	1050	200m	M 35	Men	Heat 3	Stadium 1
340/4	1050	200m	M 35	Men	Heat 4	Stadium 1
340/5	1050	200m	M 35	Men	Heat 5	Stadium 1
341/1	1105	200m	W 35	Women	Heat 1	Stadium 2
341/2	1105	200m	W 35	Women	Heat 2	Stadium 2
342/1	1115	200m	W 60	Women	Heat 1	Stadium 2
342/2	1115	200m	W 60	Women	Heat 2	Stadium 2
343/1	1120	200m	M 60	Men	Heat 1	Stadium 1
343/2	1120	200m	M 60	Men	Heat 2	Stadium 1

<b>Event No.</b>	<b>Time</b>	<b>Event</b>	<b>Category</b>	<b>Gender</b>	<b>Stage</b>	<b>Venue</b>
343/3	1120	200m	M 60	Men	Heat 3	Stadium 1
343/4	1120	200m	M 60	Men	Heat 4	Stadium 1
344/1	1125	200m	W 40	Women	Heat 1	Stadium 2
344/2	1125	200m	W 40	Women	Heat 2	Stadium 2
345	1130	Long Jump	M 60	Men	Final	Stadium 1B
346	1130	Shot Put	W 55	Women	Final	Stadium 2
347/1	1135	200m	W 45	Women	Heat 1	Stadium 2
347/2	1135	200m	W 45	Women	Heat 2	Stadium 2
347/3	1135	200m	W 45	Women	Heat 3	Stadium 2
347/4	1135	200m	W 45	Women	Heat 4	Stadium 2
348/1	1150	200m	M 40	Men	Heat 1	Stadium 1
348/2	1150	200m	M 40	Men	Heat 2	Stadium 1
348/3	1150	200m	M 40	Men	Heat 3	Stadium 1
348/4	1150	200m	M 40	Men	Heat 4	Stadium 1
348/5	1150	200m	M 40	Men	Heat 5	Stadium 1
349/1	1150	200m	W 70	Women	Heat 1	Stadium 2
349/2	1150	200m	W 70	Women	Heat 2	Stadium 2
350	1200	Discus	M 55	Men	Final	Stadium 1
351	1200	Discus	M 80	Men	Final	Stadium 2
352	1200	Discus	M 85	Men	Final	Stadium 2
353	1200	Discus	M 90	Men	Final	Stadium 2
354	1200	Discus	M 95	Men	Final	Stadium 2
355	1200	Long Jump	M 55	Men	Final	Stadium 1A
356	1200	Shot Put	W 60	Women	Final	VENUE 3A
357/1	1200	200m	W 50	Women	Heat 1	Stadium 2
357/2	1200	200m	W 50	Women	Heat 2	Stadium 2
357/3	1200	200m	W 50	Women	Heat 3	Stadium 2
358/1	1210	200m	M 65	Men	Heat 1	Stadium 1
358/2	1210	200m	M 65	Men	Heat 2	Stadium 1
358/3	1210	200m	M 65	Men	Heat 3	Stadium 1
358/4	1210	200m	M 65	Men	Heat 4	Stadium 1
359/1	1215	200m	W 55	Women	Heat 1	Stadium 2
359/2	1215	200m	W 55	Women	Heat 2	Stadium 2
359/3	1215	200m	W 55	Women	Heat 3	Stadium 2
360/1	1240	200m	M 45	Men	Heat 1	Stadium 1
360/2	1240	200m	M 45	Men	Heat 2	Stadium 1
360/3	1240	200m	M 45	Men	Heat 3	Stadium 1
360/4	1240	200m	M 45	Men	Heat 4	Stadium 1
360/5	1240	200m	M 45	Men	Heat 5	Stadium 1
361/1	1310	200m	M 50	Men	Heat 1	Stadium 1
361/2	1310	200m	M 50	Men	Heat 2	Stadium 1
361/3	1310	200m	M 50	Men	Heat 3	Stadium 1
361/4	1310	200m	M 50	Men	Heat 4	Stadium 1
361/5	1310	200m	M 50	Men	Heat 5	Stadium 1
362	1330	Shot Put	W 65	Women	Final	Stadium 2
363/1	1340	200m	M 55	Men	Heat 1	Stadium 1
363/2	1340	200m	M 55	Men	Heat 2	Stadium 1
363/3	1340	200m	M 55	Men	Heat 3	Stadium 1
363/4	1340	200m	M 55	Men	Heat 4	Stadium 1
364	1400	200m	W 35	Women	Final	Stadium 2
365	1400	Long Jump	M 70	Men	Final	Stadium 1B
366	1405	200m	W 40	Women	Final	Stadium 2
367/1	1410	200m	M 70	Men	Heat 1	Stadium 1

<b>Event No.</b>	<b>Time</b>	<b>Event</b>	<b>Category</b>	<b>Gender</b>	<b>Stage</b>	<b>Venue</b>
<b>367/2</b>	1410	200m	M 70	Men	Heat 2	Stadium 1
<b>367/3</b>	1410	200m	M 70	Men	Heat 3	Stadium 1
<b>367/4</b>	1410	200m	M 70	Men	Heat 4	Stadium 1
<b>368</b>	1410	200m	W 45	Women	Final	Stadium 2
<b>369</b>	1415	200m	W 50	Women	Final	Stadium 2
<b>370</b>	1420	200m	W 55	Women	Final	Stadium 2
<b>371</b>	1425	200m	W 60	Women	Final	Stadium 2
<b>372</b>	1400	Pole Vault	W 40	Women	Final	Stadium 1
<b>373</b>	1400	Pole Vault	W 45	Women	Final	Stadium 1
<b>374</b>	1430	Discus	M 60	Men	Final	Stadium 1
<b>375</b>	1430	Discus	M 65	Men	Final	Stadium 2
<b>376</b>	1430	Shot Put	W 75	Women	Final	VENUE 3A
<b>377</b>	1430	Shot Put	W 80	Women	Final	VENUE 3A
<b>378</b>	1430	Shot Put	W 85	Women	Final	VENUE 3A
<b>379</b>	1430	Shot Put	W 90 +	Women	Final	VENUE 3A
<b>380</b>	1430	200m	W 65	Women	Final	Stadium 2
<b>381</b>	1435	200m	W 70	Women	Final	Stadium 2
<b>382/1</b>	1440	200m	M 75	Men	Heat 1	Stadium 1
<b>382/2</b>	1440	200m	M 75	Men	Heat 2	Stadium 1
<b>382A/1</b>	1450	200m	M 85	Men	Heat 1	Stadium 1
<b>382A/2</b>	1450	200m	M 85	Men	Heat 2	Stadium 1
<b>383</b>	1440	200m	W 75	Women	Final	Stadium 2
<b>384</b>	1445	200m	W 80	Women	Final	Stadium 2
<b>384A</b>	1445	200m	W 100	Women	Final	Stadium 2
<b>385</b>	1450	1,500m	W 35	Women	Final	Stadium 2
<b>386</b>	1455	200m	M 35	Men	Final	Stadium 1
<b>387</b>	1500	200m	M 40	Men	Final	Stadium 1
<b>388</b>	1500	Long Jump	M 65	Men	Final	Stadium 1A
<b>389</b>	1505	200m	M 45	Men	Final	Stadium 1
<b>390</b>	1505	1,500m	W 40	Women	Final	Stadium 2
<b>391</b>	1510	200m	M 50	Men	Final	Stadium 1
<b>392</b>	1515	200m	M 55	Men	Final	Stadium 1
<b>393</b>	1520	200m	M 60	Men	Final	Stadium 1
<b>394</b>	1520	1,500m	W 45	Women	Final	Stadium 2
<b>395</b>	1525	200m	M 65	Men	Final	Stadium 1
<b>396</b>	1530	200m	M 70	Men	Final	Stadium 1
<b>397</b>	1530	Shot Put	W 70	Women	Final	Stadium 2
<b>398</b>	1535	200m	M 75	Men	Final	Stadium 1
<b>399</b>	1535	1,500m	W 50	Women	Final	Stadium 2
<b>3100</b>	1540	200m	M 85	Men	Final	Stadium 1
<b>3101</b>	1545	200m	M 80	Men	Final	Stadium 1
<b>3102</b>	1550	200m	M 95 +	Men	Final	Stadium 1
<b>3103</b>	1550	1,500m	W 55	Women	Final	Stadium 2
<b>3104/1</b>	1600	1,500m	M 35	Men	Final 1	Stadium 1
<b>3104/2</b>	1600	1,500m	M 35	Men	Final 2	Stadium 1
<b>3105</b>	1600	Long Jump	M 80	Men	Final	Stadium 1B
<b>3106</b>	1600	Long Jump	M 85	Men	Final	Stadium 1B
<b>3107</b>	1610	1,500m	W 60	Women	Final	Stadium 2
<b>3108/1</b>	1615	1,500m	M 40	Men	Final 1	Stadium 1
<b>3108/2</b>	1615	1,500m	M 40	Men	Final 2	Stadium 1
<b>3109</b>	1630	1,500m	W 65	Women	Final	Stadium 2
<b>3110/1</b>	1640	1,500m	M 45	Men	Final 1	Stadium 1
<b>3110/2</b>	1640	1,500m	M 45	Men	Final 2	Stadium 1

<i><b>Event No.</b></i>	<i><b>Time</b></i>	<i><b>Event</b></i>	<i><b>Category</b></i>	<i><b>Gender</b></i>	<i><b>Stage</b></i>	<i><b>Venue</b></i>
<b>3111</b>	1650	1,500m	W 70	Women	Final	Stadium 2
<b>3112</b>	1650	1,500m	W 75	Women	Final	Stadium 2
<b>3113</b>	1650	1,500m	W 80 +	Women	Final	Stadium 2
<b>3114/1</b>	1655	1,500m	M 50	Men	Final 1	Stadium 1
<b>3114/2</b>	1655	1,500m	M 50	Men	Final 2	Stadium 1
<b>3115</b>	1700	Discus	M 70	Men	Final	Stadium 2
<b>3116</b>	1700	Discus	M 75	Men	Final	Stadium 1
<b>3117</b>	1700	Long Jump	M 75	Men	Final	Stadium 1A
<b>3118/1</b>	1710	1,500m	M 55	Men	Final 1	Stadium 1
<b>3118/2</b>	1710	1,500m	M 55	Men	Final 2	Stadium 1
<b>3119/1</b>	1725	1,500m	M 60	Men	Final 1	Stadium 1
<b>3119/2</b>	1725	1,500m	M 60	Men	Final 2	Stadium 1
<b>3120</b>	1745	1,500m	M 65	Men	Final	Stadium 1
<b>3121</b>	1745	1,500m	M 70	Men	Final	Stadium 1
<b>3122</b>	1805	1,500m	M 75	Men	Final	Stadium 1
<b>3123</b>	1805	1,500m	M 80	Men	Final	Stadium 1

	1
	1A
	1B
	2
	3A
	3B

**21st Asia Masters Athletics Championships 2019**  
**Programme Day 4 - 05/12/2019 (THURSDAY)**

<b>Event No.</b>	<b>Time</b>	<b>Event</b>	<b>Category</b>	<b>Gender</b>	<b>Stage</b>	<b>Venue</b>
401	0730	Hammer	M 35	Men	Final	Stadium 1
402	0730	Long Jump	W 35	Women	Final	Stadium 1A
403	0730	Long Jump	W 40	Women	Final	Stadium 1B
404	0800	Pole Vault	M 55	Men	Final	Stadium 1
405	0800	Pole Vault	M 60	Men	Final	Stadium 2
406	0800	Pole Vault	M 65	Men	Final	Stadium 2
407/1	0800	400m Hurdles	W 35	Women	Heat 1	Stadium 1
407/2	0800	400m Hurdles	W 35	Women	Heat 2	Stadium 1
408/1	0815	300m Hurdles	M 65	Men	Heat 1	Stadium 2
408/2	0815	300m Hurdles	M 65	Men	Heat 2	Stadium 2
408/3	0815	300m Hurdles	M 65	Men	Heat 3	Stadium 2
409/1	0815	400m Hurdles	W 45	Women	Heat 1	Stadium 1
409/2	0815	400m Hurdles	W 45	Women	Heat 2	Stadium 1
410/1	0830	300m Hurdles	W 50	Women	Heat 1	Stadium 2
410/2	0830	300m Hurdles	W 50	Women	Heat 2	Stadium 2
411/1	0830	400m Hurdles	M 50	Men	Heat 1	Stadium 1
411/2	0830	400m Hurdles	M 50	Men	Heat 2	Stadium 1
411/3	0830	400m Hurdles	M 50	Men	Heat 3	Stadium 1
412/1	0845	400m Hurdles	M 55	Men	Heat 1	Stadium 1
412/2	0845	400m Hurdles	M 55	Men	Heat 2	Stadium 1
413	0900	Hammer	M 40	Men	Final	Stadium 1
414	0900	Long Jump	W 45	Women	Final	Stadium 1A
415	0900	Long Jump	W 65	Women	Final	Stadium 1B
416/1	0900	300m Hurdles	M 60	Men	Heat 1	Stadium 2
416/2	0900	300m Hurdles	M 60	Men	Heat 2	Stadium 2
417/1	0900	400m Hurdles	M 35	Men	Heat 1	Stadium 1
417/2	0900	400m Hurdles	M 35	Men	Heat 2	Stadium 1
418/1	0915	400m Hurdles	M 40	Men	Heat 1	Stadium 1
418/2	0915	400m Hurdles	M 40	Men	Heat 2	Stadium 1
419/1	0915	300m Hurdles	M 70	Men	Heat 1	Stadium 2
419/2	0915	300m Hurdles	M 70	Men	Heat 2	Stadium 2
420/1	0930	400m Hurdles	M 45	Men	Heat 1	Stadium 1
420/2	0930	400m Hurdles	M 45	Men	Heat 2	Stadium 1
420/3	0930	400m Hurdles	M 45	Men	Heat 3	Stadium 1
421	0945	300m Hurdles	M 75	Men	Final	Stadium 2
422	0955	300m Hurdles	W 60	Women	Final	Stadium 2
423	0955	300m Hurdles	W 65	Women	Final	Stadium 2
424	0955	400m Hurdles	W 40	Women	Final	Stadium 1
425	1000	Hammer	M 45	Men	Final	Stadium 1
426	1000	Long Jump	W 75	Women	Final	Stadium 1B
427	1000	Long Jump	W 80	Women	Final	Stadium 1B
428	1005	400m Hurdles	W 35	Women	Final	Stadium 1
429	1005	300m Hurdles	W 55	Women	Final	Stadium 2
430	1015	400m Hurdles	W 45	Women	Final	Stadium 1
431	1015	300m Hurdles	M 60	Men	Final	Stadium 2
432	1025	400m Hurdles	M 55	Men	Final	Stadium 1
433	1025	300m Hurdles	M 65	Men	Final	Stadium 2
434	1035	400m Hurdles	M 50	Men	Final	Stadium 1
435	1035	300m Hurdles	W 50	Women	Final	Stadium 2
436	1045	400m Hurdles	M 35	Men	Final	Stadium 1
437	1055	400m Hurdles	M 40	Men	Final	Stadium 1

<b>Event No.</b>	<b>Time</b>	<b>Event</b>	<b>Category</b>	<b>Gender</b>	<b>Stage</b>	<b>Venue</b>
438	1055	300m Hurdles	M 70	Men	Final	Stadium 2
439	1100	Long Jump	W 60	Women	Final	Stadium 1A
440	1100	Pole Vault	M 45	Men	Final	Stadium 2
441	1100	Pole Vault	M 35	Men	Final	Stadium 1
442	1105	200m Hurdles	M 80	Men	Final	Stadium 2
443	1105	200m Hurdles	M 85	Men	Final	Stadium 2
444	1105	400m Hurdles	M 45	Men	Final	Stadium 1
445	1115	200m Hurdles	W 70	Women	Final	Stadium 2
446	1115	200m Hurdles	W 75	Women	Final	Stadium 2
447	1130	Hammer	M 50	Men	Final	Stadium 1
448	1200	Long Jump	W 55	Women	Final	Stadium 1B
449	1200	2,000m Steeplechase	W 35	Women	Final	Stadium 1
450	1200	2,000m Steeplechase	W 40	Women	Final	Stadium 1
451	1200	2,000m Steeplechase	W 50	Women	Final	Stadium 1
452	1200	2,000m Steeplechase	W 55	Women	Final	Stadium 1
453	1230	Hammer	M 60	Men	Final	Stadium 1
454	1230	Long Jump	W 70	Women	Final	Stadium 1A
455	1330	Hammer	M 65	Men	Final	Stadium 1
456	1400	Pole Vault	M 40	Men	Final	Stadium 1
457	1400	Pole Vault	M 50	Men	Final	Stadium 2
458	1400	Long Jump	W 50	Women	Final	Stadium 1A
459	1400	2,000m Steeplechase	W 60	Women	Final	Stadium 1
460	1400	2,000m Steeplechase	W 65	Women	Final	Stadium 1
461	1400	2,000m Steeplechase	W 70	Women	Final	Stadium 1
462	1430	2,000m Steeplechase	W 45	Women	Final	Stadium 1
463	1430	Hammer	M 55	Men	Final	Stadium 1
464	1500	2,000m Steeplechase	M 60	Men	Final	Stadium 1
465	1530	2,000m Steeplechase	M 65	Men	Final	Stadium 1
466	1600	Hammer	M 70	Men	Final	Stadium 1
467	1600	Hammer	M 75	Men	Final	Stadium 1
468	1630	2,000m Steeplechase	M 70	Men	Final	Stadium 1
469	1630	2,000m Steeplechase	M 75+	Men	Final	Stadium 1
470	1730	Hammer	M 85	Men	Final	Stadium 1
470A	1730	Hammer	M 80	Men	Final	Stadium 1
471	1730	Hammer	M 90	Men	Final	Stadium 1

	1
	1A
	1B
	2
	3A
	3B

**21st Asia Masters Athletics Championships 2019**  
**Programme Day 5 - 06/12/2019 (FRIDAY)**

<i>Event No.</i>	<i>Time</i>	<i>Event</i>	<i>Category</i>	<i>Gender</i>	<i>Stage</i>	<i>Venue</i>
501/1	0730	4 X 100m	M 35	Men	Final 1	Stadium 1
501/2	0730	4 X 100m	M 35	Men	Final 2	Stadium 1
502/1	0730	4 X 100m	M 40	Men	Final 1	Stadium 2
502/2	0730	4 X 100m	M 40	Men	Final 2	Stadium 2
503	0730	Hammer	W 75	Women	Final	Stadium 1
504	0730	Hammer	W 80	Women	Final	Stadium 1
505/1	0745	4 X 100m	W 35	Women	Final 1	Stadium 1
505/2	0745	4 X 100m	W 35	Women	Final 2	Stadium 1
506/1	0745	4 X 100m	W 40	Women	Final 1	Stadium 2
506/2	0745	4 X 100m	W 40	Women	Final 2	Stadium 2
507/1	0800	4 X 100m	M 45	Men	Final 1	Stadium 1
507/2	0800	4 X 100m	M 45	Men	Final 2	Stadium 1
508/1	0800	4 X 100m	M 50	Men	Final 1	Stadium 2
508/2	0800	4 X 100m	M 50	Men	Final 2	Stadium 2
509	0800	Javelin	M 35	Men	Final	Stadium 1
510	0800	Javelin	M 50	Men	Final	Stadium 2
511/1	0815	4 X 100m	W 45	Women	Final 1	Stadium 1
511/2	0815	4 X 100m	W 45	Women	Final 2	Stadium 1
512/1	0815	4 X 100m	W 50	Women	Final 1	Stadium 2
512/2	0815	4 X 100m	W 50	Women	Final 2	Stadium 2
513	0830	Hammer	W 65	Women	Final	Stadium 1
514	0830	Hammer	W 70	Women	Final	Stadium 1
515/1	0830	4 X 100m	M 55	Men	Final 1	Stadium 1
515/2	0830	4 X 100m	M 55	Men	Final 2	Stadium 1
516/1	0830	4 X 100m	M 60	Men	Final 1	Stadium 2
516/2	0830	4 X 100m	M 60	Men	Final 2	Stadium 2
517/1	0845	4 X 100m	W 55	Women	Final 1	Stadium 1
517/2	0845	4 X 100m	W 55	Women	Final 2	Stadium 1
518/1	0845	4 X 100m	W 60	Women	Final 1	Stadium 2
518/2	0845	4 X 100m	W 60	Women	Final 2	Stadium 2
519	0900	Pole Vault	M 70	Men	Final	Stadium 1
520/1	0900	4 X 100m	M 65	Men	Final 1	Stadium 1
520/2	0900	4 X 100m	M 65	Men	Final 2	Stadium 1
521/1	0900	4 X 100m	M 70	Men	Final 1	Stadium 2
521/2	0900	4 X 100m	M 70	Men	Final 2	Stadium 2
522/1	0915	4 X 100m	W 65	Women	Final 1	Stadium 1
522/2	0915	4 X 100m	W 65	Women	Final 2	Stadium 1
523/1	0915	4 X 100m	W 70	Women	Final 1	Stadium 2
523/2	0915	4 X 100m	W 70	Women	Final 2	Stadium 2
524/1	0930	4 X 100m	M 75	Men	Final 1	Stadium 1
524/2	0930	4 X 100m	M 75	Men	Final 2	Stadium 1
525/1	0930	4 X 100m	M 80	Men	Final 1	Stadium 2
525/2	0930	4 X 100m	M 80	Men	Final 2	Stadium 2
526	0930	Hammer	W 50	Women	Final	Stadium 1
527	0930	Javelin	M 40	Men	Final	Stadium 1
528/1	0945	4 X 100m	W 75	Women	Final 1	Stadium 1
528/2	0945	4 X 100m	W 75	Women	Final 2	Stadium 1
529/1	0945	4 X 100m	W 80	Women	Final 1	Stadium 2



<i><b>Event No.</b></i>	<i><b>Time</b></i>	<i><b>Event</b></i>	<i><b>Category</b></i>	<i><b>Gender</b></i>	<i><b>Stage</b></i>	<i><b>Venue</b></i>
529/2	0945	4 X 100m	W 80	Women	Final 2	Stadium 2
530/1	1000	4 X 100m	M 85	Men	Final 1	Stadium 1
530/2	1000	4 X 100m	M 85	Men	Final 2	Stadium 1
531/1	1000	4 X 100m	M 90	Men	Final 1	Stadium 2
531/2	1000	4 X 100m	M 90	Men	Final 2	Stadium 2
532	1000	Javelin	M 55	Men	Final	Stadium 2
533/1	1015	4 X 100m	W 85	Women	Final 1	Stadium 1
533/2	1015	4 X 100m	W 85	Women	Final 2	Stadium 1
534/1	1015	4 X 100m	W 90	Women	Final 1	Stadium 2
534/2	1015	4 X 100m	W 90	Women	Final 2	Stadium 2
535/1	1030	4 X 100m	M 95	Men	Final 1	Stadium 1
535/2	1030	4 X 100m	M 95	Men	Final 2	Stadium 1
536/1	1030	4 X 100m	M 100	Men	Final 1	Stadium 2
536/2	1030	4 X 100m	M 100	Men	Final 2	Stadium 2
537/1	1045	4 X 100m	W 95	Women	Final 1	Stadium 1
537/2	1045	4 X 100m	W 95	Women	Final 2	Stadium 1
538/1	1045	4 X 100m	W 100	Women	Final 1	Stadium 2
538/2	1045	4 X 100m	W 100	Women	Final 2	Stadium 2
539	1100	3,000m Steeplechase	M 35	Men	Final	Stadium 1
540	1100	3,000m Steeplechase	M 40	Men	Final	Stadium 1
541	1100	Hammer	W 55	Women	Final	Stadium 1
542	1120	3,000m Steeplechase	M 45	Men	Final	Stadium 1
543	1130	Javelin	M 45	Men	Final	Stadium 1
544	1130	Javelin	M 60	Men	Final	Stadium 2
545	1140	3,000m Steeplechase	M 50	Men	Final	Stadium 1
546	1140	3,000m Steeplechase	M 55	Men	Final	Stadium 1
547	1230	Hammer	W 60	Women	Final	Stadium 1
548	1330	Javelin	M 80	Men	Final	Stadium 1
549	1330	Javelin	M 65	Men	Final	Stadium 2
550	1400	Hammer	W 35	Women	Final	Stadium 1
551	1400	Hammer	W 40	Women	Final	Stadium 1
552	1400	Pole Vault	M 75	Men	Final	Stadium 1
553	1400	Pole Vault	M 80	Men	Final	Stadium 1
554/1	1400	4 X 400m	W 35	Women	Final 1	Stadium 1
554/2	1400	4 X 400m	W 35	Women	Final 2	Stadium 1
555/1	1410	4 X 400m	W 40	Women	Final 1	Stadium 1
555/2	1410	4 X 400m	W 40	Women	Final 2	Stadium 1
556/1	1420	4 X 400m	W 45	Women	Final 1	Stadium 1
556/2	1420	4 X 400m	W 45	Women	Final 2	Stadium 1
557	1430	Javelin	M 85	Men	Final	Stadium 1
558	1430	Javelin	M 90	Men	Final	Stadium 1
559	1430	Javelin	M 95	Men	Final	Stadium 1
560/1	1430	4 X 400m	W 50	Women	Final 1	Stadium 1
560/2	1430	4 X 400m	W 50	Women	Final 2	Stadium 1
561/1	1440	4 X 400m	W 55	Women	Final 1	Stadium 1
561/2	1440	4 X 400m	W 55	Women	Final 2	Stadium 1
562/1	1450	4 X 400m	W 60	Women	Final 1	Stadium 1
562/2	1450	4 X 400m	W 60	Women	Final 2	Stadium 1
563/1	1500	4 X 400m	W 65	Women	Final 1	Stadium 1
563/2	1500	4 X 400m	W 65	Women	Final 2	Stadium 1
564	1500	Javelin	M 70	Men	Final	Stadium 2



<i>Event No.</i>	<i>Time</i>	<i>Event</i>	<i>Category</i>	<i>Gender</i>	<i>Stage</i>	<i>Venue</i>
565/1	1510	4 X 400m	W 70	Women	Final 1	Stadium 1
565/2	1510	4 X 400m	W 70	Women	Final 2	Stadium 1
566/1	1520	4 X 400m	W 75	Women	Final 1	Stadium 1
566/2	1520	4 X 400m	W 75	Women	Final 2	Stadium 1
567/1	1530	4 X 400m	W 80 +	Women	Final 1	Stadium 1
567/2	1530	4 X 400m	W 80 +	Women	Final 2	Stadium 1
568	1530	Hammer	W 45	Women	Final	Stadium 1
569/1	1540	4 X 400m	M 35	Men	Final 1	Stadium 1
569/2	1540	4 X 400m	M 35	Men	Final 2	Stadium 1
570/1	1550	4 X 400m	M 40	Men	Final 1	Stadium 1
570/2	1550	4 X 400m	M 40	Men	Final 2	Stadium 1
571/1	1600	4 X 400m	M 45	Men	Final 1	Stadium 1
571/2	1600	4 X 400m	M 45	Men	Final 2	Stadium 1
572/1	1610	4 X 400m	M 50	Men	Final 1	Stadium 1
572/2	1610	4 X 400m	M 50	Men	Final 2	Stadium 1
573/1	1620	4 X 400m	M 55	Men	Final 1	Stadium 1
573/2	1620	4 X 400m	M 55	Men	Final 2	Stadium 1
574	1630	Javelin	M 75	Men	Final	Stadium 2
575/1	1630	4 X 400m	M 60	Men	Final 1	Stadium 1
575/2	1630	4 X 400m	M 60	Men	Final 2	Stadium 1
576/1	1640	4 X 400m	M 65	Men	Final 1	Stadium 1
576/2	1640	4 X 400m	M 65	Men	Final 2	Stadium 1
577/1	1650	4 X 400m	M 70	Men	Final 1	Stadium 1
577/2	1650	4 X 400m	M 70	Men	Final 2	Stadium 1
578/1	1700	4 X 400m	M 75	Men	Final 1	Stadium 1
578/2	1700	4 X 400m	M 75	Men	Final 2	Stadium 1
579/1	1710	4 X 400m	M 80	Men	Final 1	Stadium 1
579/2	1710	4 X 400m	M 80	Men	Final 2	Stadium 1
580/1	1720	4 X 400m	M 85	Men	Final 1	Stadium 1
580/2	1720	4 X 400m	M 85	Men	Final 2	Stadium 1
581/1	1730	4 X 400m	M 90+	Men	Final 1	Stadium 1
581/2	1730	4 X 400m	M 90+	Men	Final 2	Stadium 1

	1
	1A
	1B
	2
	3A
	3B