

MIOMAC 2023
16 SEPTEMBER 2023 (SATURDAY)
DAY 1

TIME 0800	EVENT NO 101	EVENT / AGE GROUP 2000m Walk (W35-54)	CATEGORY WOMEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W35-39			
1	W3502	Suzanirihwati Bt Abd Ghani	SAMAS		
2	W3507	Azeera Binti Abdullah	Hasil Masters		
3	W3520	Mounika Meda	Nat MAA, India		
		W40-44			
1	W4018	Teoh Tieng Tieng	Penang Indiv		
2	W4021	Kaliamah a/p Manian	Perak Masters		
3	W4027	Sharmila	CK Nayudu Sports Fdn		
4	W4028	Kalpana Damodar Bagul	Pan India Masters		
5	W4019	Ooi Li Ching	Penang Indiv		
		W45-49			
1	W4513	Norbigam Binti Umar Khitab	SAMAS		
2	W4516	Nurul Azwa Binti Ahmad	Perak Masters		
3	W4530	Lee Meng Fong	M'ca Masters		
4	W4534	Tiffany Soh Beng Chu	Selangor Masters		
5	W4517	Sharala Devi Narayanasamy	Perak Masters		
		W50-54			
1	W5001	Lathika Jyothis	Ath Fed of India Mas		
2	W5003	Jariah Hj Othman	Brunei		
3	W5005	Viji Vasudevan	Indian Athletes		
4	W5013	Chuan Guat Na	Penang Indiv		
5	W5015	Pramaswarey a/p Sendarasegerin	Perak Masters		
6	W5020	Padmavathi Budharaju	Nat MAA, India		
7	W5021	Nirmala Patil Boudh	Nat MAA, India		
8	W5022	Vasuki a/p V. Rajagopal	Selangor Masters		
9	W5026	Harpreet Kaur Jassar	India Mas Chandigarh		

TIME 0800	EVENT NO 102	EVENT / AGE GROUP Shot Put (4 Kg) (W35-39)	CATEGORY WOMEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W3502	Suzanirihwati Bt Abd Ghani	SAMAS		
2	W3505	Imelda Atiqah Binti Untol	Labuan Masters		
3	W3512	Yunesri a/p Muniandy	PDRM (R)		
4	W3519	Priyadharsini Perumal Gounder	India Indiv		
5	W3521	Liana Binti Ramli	Selangor Masters		
6	W3503	Magdalini Anak Hillary Panggau	SAMAS		
7	W3506	Firozina Binti Ilin	Labuan Masters		

TIME 0800	EVENT NO 103	EVENT / AGE GROUP Discus (2 Kg) (M35-49)	CATEGORY MEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M35-39			
1	M3505	Gnaneswara Seetharam	Indian Athletes		
2	M3513	Mohd Shukor Bin Bee	Perak Masters		

3	M3527	Kiew Sieng Eik	M'ca Masters		
4	M3528	Mohamad Saudi Bin Samsudin	M'ca Masters		
5	M3533	Tan Dan Ny	Selangor Masters		
6	M3538	Prabakaran Kathirvelu	India Indiv		
		M40-44			
1	M4009	Percival Naveen Howie	C'tore Mast India		
2	M4021	Salleh Bin Atang	PDRM		
3	M4036	Navin Mohan Rajes	S'gor Indiv		
4	M4041	Mohd Shahrul Nizam Bin Adan	PDRM		
5	M4045	Muvin Bin Abd Wahab	M'ca Masters		
		M45-49			
1	M4501	S. Srikanth	C'tore Mast India		
2	M4505	Saravana Kumar Nallasamy	Indian Athletes		
3	M4512	Gilbert S. Manson	SAMAS		
4	M4535	Siew Hann Wen	Selangor Masters		
5	M4544	Syed Abdullah Buhari	C'tore Mast India		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
0800	104	Long Jump (M35-39)	MEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M3503	Mohan Shankar Reddy	Indian Athletes		
2	M3509	Mohd Farish B Aziz Sulaiman	SAMAS		
3	M3512	Mohd Azmi Bin Mohamed Yatim	Perak Masters		
4	M3520	Mohd Zaim Bin Mohd Reduan	DBKL		
5	M3529	Azlan Shah Bin Ab. Hamid	M'ca Masters		
6	M3515	Mohd Zhafran Bin Mohd Rosli	Perak Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
0820	105	2000m Walk (W55 and above)	WOMEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W55-59			
1	W5501	Husna Binti Abdullah	Brunei		
2	W5504	Geetha Dhamianal V D	Indian Athletes		
3	W5508	Raineh @ Tambi Binti Sawan	SAMAS		
4	W5517	Kowsula Kaur	Singapore Masters		
5	W5519	Chan Yen Ching	PDRM		
6	W5522	Tan Goek Hong	Penang Indiv		
7	W5524	Goh Kim Hong Maggie	Selangor Masters		
8	W5525	Yogeswari S. Kathirveloo	JETS		
9	W5518	Serene Seah	Singapore Masters		
		W60-64			
1	W6001	Vijayakumari Arumugam	Indian Athletes		
2	W6008	Joanne Foo	Perak Masters		
3	W6023	Poonithavathy a/p Sinnadurai	Selangor Masters		
4	W6009	Zainah Bt Jaafar	Perak Masters		
5	W6011	Komathi Jayaraman	Singapore Masters		
6	W6013	Ng Phaik Hoon	Penang Indiv		
7	W6015	Vijaya Velathingala	Nat MAA, India		
8	W6017	Belinda Ting Yew King	Selangor Masters		
9	W6010	Wong Mee Keng	Singapore Masters		

10	W6020	Vemalathevy a/p Periasamy	Selangor Masters		
11	W6022	Salvarani a/p Krishnan	Penang Masters		
		W65-69			
1	W6503	Mamata Sengupta	Indian Athletes		
2	W6504	E.N.L Jayanthi	Sri Lanka Mas Ath		
3	W6507	Jouti @ Vironica Binti Elau	SAMAS		
4	W6509	Lissa Chang Oi Lin	S'pore Masters TFA		
5	W6511	Soo Yuet Ping (Wendy)	KL Indiv		
6	W6512	Banumathy a/p Sundaram	Selangor Masters		
		W70-74			
1	W7008	Irene Yeow	Singapore Masters		
2	W7002	Kimih @ Florence Monjitol	SAMAS		
3	W7005	Katherine Choo Mui Kheng	Singapore Masters		
4	W7010	Lee Yau Hong	NS Masters		
5	W7006	K. Parimalam	Singapore Masters		
6	W7011	Sounthari a/p M A Rajagopal	Selangor Masters		
		W75-79			
1	W7503	Petchay Kandasamy	Masters Ath S'pore		
2	W7506	Sarojeet Kaur @ Sarjeet Kaur	Penang Masters		
		W80-84			
1	W8001	Lem See Tiam	Singapore Masters		
		W85-104			
		No Participants			
		W105-109			
1	W10501	Rambai	CK Nayudu Sports Fdn		

TIME 0845	EVENT NO 106	EVENT / AGE GROUP Shot Put (4 Kg) (W40-49)	CATEGORY WOMEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W40-44			
1	W4014	Norleha Bt Omar	DBKL		
2	W4004	Nancy Binti F. Michael	SAMAS		
3	W4010	Nalina Devi a/p Applanaidu	Perak Masters		
4	W4005	Lanny Sharroneca Julius Jikut	SAMAS		
5	W4023	Chua Swee Mei	M'ca Masters		
6	W4027	Sharmila	CK Nayudu Sports Fdn		
7	W4003	Alison Chew Suk Ling	SAMAS		
		W45-49			
1	W4511	Linah Bt Ikun	SAMAS		
2	W4534	Tiffany Soh Beng Chu	Selangor Masters		
3	W4516	Nurul Azwa Binti Ahmad	Perak Masters		
4	W4525	Alinawati Haji Aliakbar	Brunei Masters		
5	W4531	Nor Aziah Binti Kassim	M'ca Masters		
6	W4533	Fauzana Mariam Bt Mohd Fauzi	PDRM		
7	W4514	Aily Binti Dusup	SAMAS		
8	W4535	Samantha Jane Richards	Selangor Masters		

TIME 0845	EVENT NO 107	EVENT / AGE GROUP Discus (1.5 Kg) (M50-59)	CATEGORY MEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME

		M50-54			
1	M5004	Robert Bin Silati	SAMAS		
2	M5005	Asni Bin Tahir	Perak Masters		
3	M5021	PG Azizul Akbar PG Hj Badaruddin	Brunei Masters		
4	M5032	Devendr Kumar Dogra	Nat MAA, India		
5	M5008	Abdul Ghani Bin Yahaya	PDRM		
6	M5011	Gumpanat Boriboon	Thai VAA		
7	M5014	Lim Ban Dang	DBKL		
8	M5020	Zulkefli Bin Sudin	PDRM		
9	M5026	Liaw Fun Min	M'ca Masters		

		M55-59			
1	M5501	Revi Ramakrishnan	Ath Fed of India Mas		
2	M5510	Leonard Willon	SAMAS		
3	M5549	Ibrahim Bin Ab Wahab	M'ca Masters		
4	M5518	Abd Rahim Bin Abdul Hamid	Perak Masters		
5	M5541	Reza Fotohi Ardekani	S'pore Masters TFA		
6	M5545	Salman Sigar	Brunei Masters		
7	M5553	Daniel Gona	Nat MAA, India		
8	M5560	Aiman Cheah Tiong Chap	Selangor Masters		
9	M5512	Dionysius Fred Anak	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
0845	108	Long Jump (M40-49)	MEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M40-44			
1	M4015	Nasarudin Bin Supian	Perak Masters		
2	M4003	Thomas M A	Indian Athletes		
3	M4023	Shahryman Sharil Bin Mohamed Mans	DBKL		
4	M4006	Saidi Kailu	SAMAS		
5	M4011	Adi Wira Bin Mohd Zin	Perak Masters		
6	M4046	Ahmad Faizal Bin Salim	M'ca Masters		
7	M4025	Halil Bin Abd Rahim	DBKL		
8	M4043	Mohd Hafeez Hasrek Bin A Razak	M'ca Masters		
9	M4012	Ahmad Ezman Bin Pudil @ Fadzil	Perak Masters		
10	M4050	Hemant Kumar Chaudhary	Nat MAA, India		
11	M4054	Yaakob Bin Idris	Penang Masters		
		M45-49			
1	M4511	Larry Andang	SAMAS		
2	M4504	Shivananja Shetty C	Indian Athletes		
3	M4507	Amnat a/l Perat	S'gor Indiv		
4	M4508	Clarence Tami	SAMAS		
5	M4530	Wong Jim Chin	M'ca Masters		
6	M4533	Hardeep Singh	MAA India		
7	M4510	Steve @ Napol James	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
0845	109	3000M Walk (M65 and above)	MEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M65-69			
1	M6538	Michael a/l Selvanayagam	Selangor Masters		

2	M6506	Ayyaswamy Suddian	Indian Athletes		
3	M6531	Tani Clace a/l Sebastian	PDRM (R)		
4	M6542	K Mahalingam a/l R Kuppusamy	Penang Masters		
5	M6515	Jayantha Ratnayake	Sri Lanka Mas Ath		
6	M6536	Kalai Chalvan a/l A Subramaniam	Selangor Masters		
7	M6516	Manian a/l Appalasamy	Perak Masters		
8	M6519	T. Jayaraman	Singapore Masters		
9	M6521	Aplaidoo a/l Rama Nayadoo	KL Masters		
10	M6537	Viswanathan a/l B K Nayar	Selangor Masters		
11	M6541	Govi a/l A. Ramoo	Penang Masters		
12	M6522	Elangovan a/l Sithiram Suppiah	KL Masters		
13	M6540	Venkataramani a/l Appadurai	Selangor Masters		

M70-74

1	M7007	Chandan Sengupta	Indian Athletes		
2	M7035	Freddie Low Han Chung	S'pore Masters TFA		
3	M7012	Venkatachalam Kaliyappa Chettiar	Tamil Nadu Ath Ass		
4	M7011	D.T.Y.W.S.G.A. Bandara	Sri Lanka Mas Ath		
5	M7009	Ponnusamy Chinnaiyan	Indian Athletes		
6	M7013	Duasip @ Joseph Bin Latong	SAMAS		
7	M7031	Wong Yew Tho	NS Masters		
8	M7010	Kanakasabhpathy V A T	Indian Athletes		
9	M7039	Mahavir Singh Taliyan	Nat MAA, India		
10	M7044	Mohamed Ariff B Tar Mohamed	KL Masters		
11	M7045	Kamavarapu Lakshmi Kameswara Rao	C K Nayudu Sports Fdn		

M75-79

1	M7508	Manickam a/l Thambiah	Perak Masters		
2	M7504	Antony Gregory M S	Indian Athletes		
3	M7505	Vasu Veluthedathu Parambu	Ath Fed of India Mas		
4	M7513	Bill Purves	Hong Kong		
5	M7510	Thomas Kok	Perak Masters		
6	M7511	Kannan Arumugam	Singapore Masters		
7	M7516	Omar Bin Kahar	Brunei Masters		
8	M7522	Manickam a/l Thambiah	Perak Masters		

M80-84

1	M8001	Kapt (B) Hj Osman bin Hj Lahab	Brunei		
2	M8005	Foo Dun Heen	Singapore Masters		
3	M8011	Keshab Kumar Chhetri	Selangor Masters		

M85-89

1	M8501	SN Singam	Singapore Masters		
2	M8502	Ng Ngoh Heng	Singapore Masters		

M90-94

1	M9002	Kirpal Singh	India Mas Chandigarh		
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TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
0920	110	3000M Walk (M50-64)	MEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M50-54			
1	M5042	Sukhraj Singh Dhillon	Penang Masters		
2	M5009	Zulkernain Bin Mohamed Zawawi	PDRM		

3	M5010	G. Suresh Kumar	KL Masters		
4	M5032	Devendr Kumar Dogra	Nat MAA, India		
5	M5041	Ramesh a/l Munsamy	Penang Masters		

M55-59

1	M5555	Ranbir Singh	Nat MAA, India		
2	M5504	Ayappan Madasamy	Indian Athletes		
3	M5515	Jamaluddin Lani	SAMAS		
4	M5520	Mohd Zaini Bin Harun	Perak Masters		
5	M5554	Rampal Singh	Nat MAA, India		
6	M5535	Honih Asung @ Benjohn Simbaku	SAMAS		
7	M5542	Calvin Chong Ee Woon	S'pore Masters TFA		
8	M5546	Jayapal a/l Kuppusamy	PDRM (R)		
9	M5550	J Vickneswaran a/l Jagasundra Bose	S'gor Indiv		
10	M5552	Krishn Dev N Tripathi	Nat MAA, India		
11	M5560	Aiman Cheah Tiong Chap	Selangor Masters		
12	M5521	Nagarajan a/l Ramasamy	Perak Masters		
13	M5556	Ramdas Yadav	Nat MAA, India		

M60-64

1	M6001	Nagarajan Thirugnanam	C'tore Mast India		
2	M6008	Natarajan Kandasamy	Indian Athletes		
3	M6018	Ansari Bin Abdul Rahman	Perak Masters		
4	M6035	Tang Choon Cheang	Penang Indiv		
5	M6027	Musa Amin	Singapore Masters		
6	M6030	Ranasinghage Nimalasena	Sri Lanka Mas Ath		
7	M6042	Saraman Singh a/l Nock Singh	Perak Masters		
8	M6032	Effy Widjono Putro	PAMI (Indonesia)		
9	M6045	Joginder Godara	Nat MAA, India		
10	M6051	Kerunanithi a/l Chockalingam	Selangor Masters		
11	M6026	Valaitham a/l Vedanayagam	Perak Masters		
12	M6056	Wong Weng Seng	KL Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
0930	111	Shot Put (3 Kg) (W50-59)	WOMEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W50-54			
1	W5001	Lathika Jyothis	Ath Fed of India Mas		
2	W5017	Chua Cheong Lian	M'ca Masters		
3	W5010	Noral Azian Binti Zainal	Perak Masters		
4	W5014	Rinawati Binti Khairuddin	PDRM		
5	W5016	Chan Nyet Fui	M'ca Masters		
6	W5002	Laly Kalathoor Melethil Pappy	Ath Fed of India Mas		
7	W5019	Sweetly Modimareddy	Nat MAA, India		
8	W5023	Vaskee R. Vasutheven	KL Masters		
9	W5025	Andrea Mary Walsh	Thailand		
		W55-59			
1	W5502	Bhagalaxmi Palanisamy	Indian Athletes		
2	W5527	Anjamma Ubboru	Nat MAA, India		
3	W5523	Sarah Aliah Bt Abdullah	PDRM		
4	W5520	Siti Diah Binti Jani	Brunei Masters		
5	W5503	Vijayalakshmi Natarajan	Indian Athletes		

6	W5510	Erine Sinuel	SAMAS		
7	W5515	Suzyla Binti Jaffar	Perak Masters		
8	W5516	Jessee Tsen Chew Moi	Labuan Masters		
9	W5529	Amalia Marquez Barcoma	Selangor Masters		
10	W5526	Ludemma Jennepogu	Nat MAA, India		
11	W5511	Jessie Manjin	SAMAS		
12	W5533	Sharda Godara	Nat MAA, India		

TIME 0930	EVENT NO 112	EVENT / AGE GROUP Discus (M60-69)	CATEGORY MEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M60-64			
1	M6010	Augustine Jose M M	Indian Athletes		
2	M6053	Zahar Bin Rahman	Selangor Masters		
3	M6012	Chung Yun Kiong	SAMAS		
4	M6021	Baskaran Francis	Perak Masters		
5	M6049	Krishnasamy a/l Karuppiah	Selangor Masters		
6	M6037	Lokman Bin Abu Bakar	PDRM (R)		
7	M6014	Juintin Bin Allap	SAMAS		
8	M6052	Prasetyoadi	PAMI (Indonesia)		
9	M6048	Jayaraman a/l Nagamuthu	Selangor Masters		
10	M6030	Ranasinghage Nimalasena	Sri Lanka Mas Ath		
11	M6015	Mohd Rosley Abdullah	SAMAS		
12	M6043	Mohd Rahim Bin Luwi	M'ca Masters		
13	M6047	Mohd Mansharar B Abd Jalil	Selangor Masters		
		M65-69			
1	M6520	Juan Villa Jr	Philippines		
2	M6503	Subramaniam Thiravia Nadar	C'tore Mast India		
3	M6507	Dennis Clement D S	Indian Athletes		
4	M6511	Yaw Doly Bin Yaw Lo Kong	SAMAS		
5	M6515	Jayantha Ratnayake	Sri Lanka Mas Ath		
6	M6525	Ranjit Singh	India Mas Chandigarh		

TIME 0930	EVENT NO 113	EVENT / AGE GROUP Long Jump (M50-59)	CATEGORY MEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M50-54			
1	M5002	Sabidol Kelo @ S. Welly	SAMAS		
2	M5015	Suresh a/l Ragavan	NS Masters		
3	M5016	Sidney Tay Chze Way	S'pore Masters TFA		
4	M5024	Adam Leonardo Mechum Banjar	PDRM		
5	M5035	Yogeshkumar B Maher	Nat MAA, India		
		M55-59			
1	M5508	Suhaili Bin Saneh	SAMAS		
2	M5527	Suwito Bin Kardo	Labuan Masters		
3	M5532	Ramli Bin Lani	DBKL		
4	M5514	James Bin Patrick	SAMAS		
5	M5524	Zulkifly Bin Yeop	Perak Masters		
6	M5526	Redzuan Bin Jumat	Labuan Masters		
7	M5515	Jamaluddin Lani	SAMAS		

8	M5540	Wong Mun Kong	S'pore Masters TFA		
9	M5547	Amran Bin Banggala	PDRM		
10	M5551	Jarnail Singh	Nat MAA, India		
11	M5517	Maulani Bin Diman	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
0950	114	3000M Walk (M35-49)	MEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M35-39			
1	M3524	Cheong Seng Chiew	Penang Indiv		
2	M3535	Murali Subramaniam	Selangor Masters		
		M40-44			
1	M4002	Sooraj Bhaskaran Pillai	Ath Fed of India Mas		
2	M4019	Roning Bin Mulut	PDRM		
3	M4020	Mahagedara Withanalage Danasiri	Sri Lanka Mas Ath		
4	M4042	Roslee Bin Sharon	PDRM		
5	M4051	Mohd Azmeer B Amarullah	Selangor Masters		
		M45-49			
1	M4502	Ramasamy Subramaniam	Indian Athletes		
2	M4506	Halid bin Nurmin	PDRM (Sabah)		
3	M4537	Tan Chee Leong	Penang Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1015	115	Long Jump (M60 and above)	MEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M60-64			
1	M6014	Juintin Bin Allap	SAMAS		
2	M6002	Mustafa bin Ibrahim	S'pore Masters TFA		
3	M6009	Velusamy Maruthachalam	Indian Athletes		
4	M6012	Chung Yun Kiong	SAMAS		
5	M6023	Jayaraman a/l Rajamanickam	Perak Masters		
6	M6044	P. Mohan a/l Ponniah	Johor Masters		
7	M6055	Surjit Kumar	Pan India Masters		
8	M6016	Ramjit Bin Nairulal	SAMAS		
9	M6056	Wong Weng Seng	KL Masters		
		M65-69			
1	M6531	Tani Clace a/l Sebastian	PDRM (R)		
2	M6509	Tajul Ariffin Bin Awang Mohd	SAMAS		
3	M6513	Choo Wai Kin	KL Masters		
4	M6514	Balvinder Singh	India Mas Chandigarh		
5	M6529	Budin Anak Meringgai	Brunei Masters		
6	M6512	Charles Lingam	SAMAS		
7	M6532	Puzi Bin Abd Manan	PDRM (R)		
		M70-74			
1	M7020	Datuk Abdol Mulok Bin Awang Damit	SAMAS		
2	M7005	Haji Zainal Haji Namit	Brunei		
3	M7008	Pralay Kumar Banerjee	Indian Athletes		
4	M7013	Duasip @ Joseph Bin Latong	SAMAS		

5	M7030	Mohd Radir Bin Kasbi	NS Masters		
6	M7036	Haji Safri / Tiang Bin Hj Mudin	Brunei Masters		
7	M7017	Uman @ Yuman Bin Sikin	SAMAS		
		M75-79			
1	M7503	Haji Abd Rani bin Haji Matasan	Brunei		
2	M7506	Vitalis Herman	SAMAS		
3	M7517	Mohamed Bin Md Idrus	Pahang Masters		
4	M7520	Thanesvaran Malavarayar	KL Masters		
		M80-84			
1	M8001	Kapt (B) Hj Osman bin Hj Lahab	Brunei		
2	M8003	Venkateshan Arumugam	Indian Athletes		
3	M8006	Soh Chin Koon	Singapore Masters		
4	M8007	Rattan Singh Sandhu	India Mas Chandigarh		
		M85 and above			
		No Participants			

TIME 1015	EVENT NO 116	EVENT / AGE GROUP Discus 1 Kg (M70 and above)	CATEGORY MEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M70-74			
1	M7015	Pilah @ Ondog Bin Kisang	SAMAS		
2	M7001	Ramaswamy Kuppanna Gounder	C'tore Mast India		
3	M7004	Varughese Decruz	Ath Fed of India Mas		
4	M7011	D.T.Y.W.S.G.A. Bandara	Sri Lanka Mas Ath		
5	M7014	Tarmizi Sandhu @ Tara Singh	SAMAS		
6	M7032	Narayanan Nair a/l Sungoni Nair	NS Masters		
7	M7027	Douglas John Schorr	South Africa		
8	M7029	Dato' Revd Samuel D. John	NS Masters		
9	M7042	P Nadarajah a/l Periyah	Selangor Masters		
10	M7016	Edwin E. Goh	SAMAS		
		M75-79			
1	M7501	Dr Purushothaman a/l Anantham	KL Indiv		
2	M7502	Selvaraj Cruz Antony	C'tore Mast India		
3	M7507	Jikut @ Julius Bin Komuning	SAMAS		
4	M7518	Vimalasingam a/l V. Saranamuthu	Selangor Masters		
		M80-84			
1	M8004	Eduh Totimoh @ Bonaventure	SAMAS		
2	M8008	Nalliah a/l Ramasamy	NS Masters		
3	M8009	Swaran Singh	Nat MAA, India		
		M85 and above			
		No Participants			

TIME 1015	EVENT NO 117	EVENT / AGE GROUP Shot Put (3 Kg) (W60-74)	CATEGORY WOMEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W60-64			
1	W6007	Maryem Joinol	SAMAS		
2	W6002	Jayalakshmi Ranganathan	Indian Athletes		
3	W6021	Letchumiprabah a/p Ramachandran	Selangor Masters		
4	W6015	Vijaya Velathingala	Nat MAA, India		

5	W6004	Doratheia Binti Anthony	SAMAS		
6	W6016	Merry Hui Bee Ngok	Singapore Masters		
7	W6018	Theresline a/p Asirvatham	Selangor Masters		
W65-69					
1	W6503	Mamata Sengupta	Indian Athletes		
2	W6508	G.I.D. Emal Sriyani	Sri Lanka Mas Ath		
3	W6510	Hajah Mariah Hj Metussin	Brunei Masters		
4	W6513	Dr Pusfa Ramasamy	KL Masters		
W70-74					
1	W7001	Bagavathi Perumal Kan	Indian Athletes		
2	W7004	Helena Majalang	SAMAS		
3	W7007	K. Nalini Devi	Singapore Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1100	118	Shot Put (2 Kg) (W75 and above)	WOMEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
W75-79					
1	W7501	Bhavani Vittal Rao	Indian Athletes		
2	W7502	Lee Ngit Yung	SAMAS		
3	W7503	Petchay Kandasamy	Masters Ath S'pore		
4	W7505	Kam Ah Boay @ Kam Yueh Eng	M'ca Masters		
W80-104					
No Participants					
W105-109					
1	W10501	Rambai	CK Nayudu Sports Fdn		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1030	119	1500M (W50 and above)	WOMEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
W50-54					
1	W5005	Viji Vasudevan	Indian Athletes		
2	W5011	Zuharlina Bt Abu Baharin	DBKL		
3	W5013	Chuan Guat Na	Penang Indiv		
4	W5015	Pramaswarey a/p Sendarasegerin	Perak Masters		
5	W5018	Kwok Yuk Ling	M'ca Masters		
6	W5021	Nirmala Patil Boudh	Nat MAA, India		
7	W5024	Elizabeth Murray Garrigan	Thailand		
W55-59					
1	W5501	Husna Binti Abdullah	Brunei		
2	W5513	Rose Sidau	SAMAS		
W60-64					
1	W6006	Adenah B. Lojuhun	SAMAS		
2	W6008	Joanne Foo	Perak Masters		
3	W6015	Vijaya Velathingala	Nat MAA, India		
4	W6017	Belinda Ting Yew King	Selangor Masters		
5	W6022	Salvarani a/p Krishnan	Penang Masters		
W65-69					
1	W6503	Mamata Sengupta	Indian Athletes		
2	W6507	Jouti @ Vironica Binti Elau	SAMAS		
3	W6511	Soo Yuet Ping (Wendy)	KL Indiv		

		W70-74			
		No Participants			
		W75-79			
1	W7501	Bhavani Vittal Rao	Indian Athletes		
2	W7506	Sarojeet Kaur @ Sarjeet Kaur	Penang Masters		
		W80 and above			
		No Participants			

TIME 1045	EVENT NO 120	EVENT / AGE GROUP 1500M (W35-49)	CATEGORY WOMEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W35-39			
1	W3504	Nurul Aini Binti Abdul Rahman	Perak Masters		
2	W3510	Jelvina Binti Jelon	PDRM		
3	W3518	Dr Jananee Muniandy	Rotary MY Dist 3300		
4	W3523	Michele Tan Bee Kiang	Selangor Masters		
		W40-44			
1	W4002	Mailin Binti Salungin	SAMAS		
2	W4012	Mazlina Shafura Bt Abdul Manap	DBKL		
3	W4027	Sharmila	CK Nayudu Sports Fdn		
		W45-49			
1	W4527	Norulakmar Binti Abd Rani	PDRM		
2	W4502	Razliza Haniza binti Razak	Perlis Indiv		
3	W4503	Mangala B G	Indian Athletes		
4	W4516	Nurul Azwa Binti Ahmad	Perak Masters		
5	W4535	Samantha Jane Richards	Selangor Masters		
6	W4522	Choo Mei Hung	PDRM		
7	W4517	Sharala Devi Narayanasamy	Perak Masters		
8	W4507	Annlina Nirmala Vijaykumar	C'tore Mast India		
9	W4511	Linah Bt Ikun	SAMAS		
10	W4508	T. Senthamarai	India (MAFI)		

TIME 1100	EVENT NO 121	EVENT / AGE GROUP 1500M (M55 and above)	CATEGORY MEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M55-59			
1	M5503	Mancikam Ponnusami	Indian Athletes		
2	M5555	Ranbir Singh	Nat MAA, India		
3	M5509	Yusop Bin Tungkob	SAMAS		
4	M5520	Mohd Zaini Bin Harun	Perak Masters		
5	M5536	Leong Bee Voon	PDRM		
6	M5558	Supparamaniyam a/l Ramasamy	Selangor Masters		
7	M5528	Michael Yeoh Kok Lam	Singapore Masters		
8	M5535	Honih Asung @ Benjohn Simbaku	SAMAS		
9	M5554	Rampal Singh	Nat MAA, India		
10	M5522	Santheran Veloo	Perak Masters		
11	M5557	Kunasegaran a/l Maniveloo	Selangor Masters		
12	M5504	Ayappan Madasamy	Indian Athletes		
13	M5561	Rathakrishnan a/l Ramakrishnan	Penang Masters		
14	M5523	Shanmuganathan a/l Ratanam	Perak Masters		

		M60-64			
1	M6024	Kanesan a/l Sunnamuthu	Perak Masters		
2	M6003	Alan Scott	British Mas Ath Fed		
3	M6006	Marznimurney Bin Abdullah	Brunei		
4	M6020	Arumugam Subramanian	Perak Masters		
5	M6046	Subramaniam Krishnan	Selangor Masters		
6	M6025	Khor Kim En	Perak Masters		
		M65-69			
1	M6518	Steven Hui Yew Lay	Singapore Masters		
2	M6527	Arumugam a/l M. Arumugam	NS Masters		
3	M6534	Kanapathy a/l Supramaniam	Perak Masters		
4	M6535	Ajit Singh	Nat MAA, India		
5	M6543	Sundararaju a/l Suppan	S'gor Indiv		
6	M6544	Surinder Singh	Pan India Masters		
7	M6528	Rajasegaran a/l Kannen	NS Masters		
		M70-74			
1	M7007	Chandan Sengupta	Indian Athletes		
2	M7012	Venkatachalam Kaliyappa Chettiar	Tamil Nadu Ath Ass		
3	M7022	Samutharapandian a/l S Periasamy	Perak Masters		
4	M7024	Jefery Ng Khai Min	Singapore Masters		
5	M7045	Kamavarapu Lakshmi Kameswara Rao	C K Nayudu Sports Fdn		
6	M7037	Abdul Hamid Bin Aris	Pahang Masters		
7	M7038	Om Prakash	Nat MAA, India		
8	M7043	Annathakrishnan a/l Mariappen	Penang Masters		
9	M7025	Yusoff Khan	Singapore Masters		
		M75-79			
1	M7505	Vasu Veluthedathu Parambu	Ath Fed of India Mas		
2	M7509	Murugesu a/l Sinnathevar	Perak Masters		
3	M7514	Gerard Hugh O'Reilly	Ireland		
4	M7515	Selvarajah Cheliah	KL Indiv		
5	M7519	Muniandy a/l Sinniah	Selangor Masters		
6	M7521	Phillip Lim	KL Masters		
		M80-84			
1	M8012	Low Kuan Sow @ Loke Kuan Sow	Penang Masters		
		M85 and above			
		No Participants			

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1115	122	1500M (M50-54)	MEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M5039	Terence Ong Cheng Soon	Selangor Masters		
2	M5018	Thnarajan s/o Verasalam	S'pore Masters TFA		
3	M5023	Choo Jin Hin	Penang Indiv		
4	M5031	Savaria Xavier	Rotary MY Dist 3300		
5	M5036	Mayaram Yadav	Nat MAA, India		
6	M5041	Ramesh a/l Munsamy	Penang Masters		
7	M5040	Munintaran Sundram	Selangor Masters		
8	M5043	Ang Khian Beng	Penang Indiv		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
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1130		123		1500M (M45-49)		MEN		Akhir	
NO / LANE	BIB NO	NAME		TEAM		STATUS		TIME	
1	M4506	Halid bin Nurmin		PDRM (Sabah)					
2	M4525	Kumaresan a/l Anthonysamy		S'gor Indiv					
3	M4539	Ragurama a/l Raganathan		Penang Masters					
4	M4540	Jaya Pragasam a/l K. Mayakrishnan		Selangor Masters					
5	M4541	Abdul Aziz B Mahamoud		KL Masters					
6	M4543	Sanmuganathan a/l R Nainasgaoram		Penang Indiv					

TIME		EVENT NO		EVENT / AGE GROUP		CATEGORY		Peringkat		RECORD	
1145		124		1500M (M35-44)		MEN		Akhir			
NO / LANE	BIB NO	NAME		TEAM		STATUS		TIME			
		M35-39									
1	M3532	Sunil Pachahara		Nat MAA, India							
2	M3511	Goh Jing Jing		Perak Masters							
3	M3524	Cheong Seng Chiew		Penang Indiv							
4	M3526	Ganeshwaran a/l Karunakaran		S'gor Indiv							
5	M3531	Sunil Kumar		Nat MAA, India							
6	M3536	Visvenathan Tangavello		Penang Masters							
		M40-44									
1	M4026	Jasni Khairil Bin Jamaluddin		DBKL							
2	M4002	Sooraj Bhaskaran Pillai		Ath Fed of India Mas							
3	M4010	Kenny Wong Kok Wai		Pacemakers MY							
4	M4017	Lim Qing Bao Matthew		Singapore Masters							
5	M4029	Saravanan a/l Elagamurom		DBKL							
6	M4038	Yong Kok Wei		Kawan Athletics							
7	M4047	Hafizi Bin Mansor		M'ca Masters							
8	M4030	Kumarresan a/l Gunasegran		DBKL							

TIME		EVENT NO		EVENT / AGE GROUP		CATEGORY		Peringkat		RECORD	
1200		125		Medley Relay		WOMEN		Akhir			
NO / LANE	BIB NO	NAME		TEAM		STATUS		TIME			
1											
2											
3											
4											

TIME		EVENT NO		EVENT / AGE GROUP		CATEGORY		Peringkat		RECORD	
1215		126		Medley Relay		MEN		Akhir			
NO / LANE	BIB NO	NAME		TEAM		STATUS		TIME			
1											
2											
3											
4											

TIME		EVENT NO		EVENT / AGE GROUP		CATEGORY		Peringkat		RECORD	
1400		127		100M (W35-39)		WOMEN		Akhir			
NO / LANE	BIB NO	NAME		TEAM		STATUS		TIME			
1											
2	W3501	Carol Augustine		SAMAS							
3	W3509	Siti Fatimah Binti Mohamad		Hasil Masters							

4	W3516	Haslina Binti Haron	M'ca Masters		
5	W3517	Umi Ilyana Bt Kamaludin	Johor Masters		
6	W3519	Priyadharsini Perumal Gounder	India Indiv		
7	W3520	Mounika Meda	Nat MAA, India		
8	W3524	Siti Fairuz Bt Jamalud-din	PDRM		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1415	128	100M (W40-44)	WOMEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	W4003	Alison Chew Suk Ling	SAMAS		
2	W4009	Dr Lorraine Lim Wui Wui	Sarawak Masters		
3	W4010	Nalina Devi a/p Applanaidu	Perak Masters		
4	W4011	Jelinih Motibi	Labuan Masters		
5	W4015	BB Nurul Izzah Binti Abd Kader	Hasil Masters		
6	W4020	Fathimath Iffath Mohamed	Kawan Athletics		
7	W4026	Banu a/p Sukumaran	Selangor Masters		
8	W4029	Mangala Damodar Bagul	Pan India Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1430	129/1	100M (W45-49)	WOMEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2					
3	W4501	Sreelekha Palanisamy	C'tore Mast India		
4	W4509	Laura Binti Dosui	SAMAS		
5	W4515	Almawati Binti Kassim	Perak Masters		
6	W4519	Shirley Wong	Hong Kong		
7	W4523	Tamilslve a/p Periasamy	NS Masters		
8	W4532	Radha Kantevada	Nat MAA, India		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1430	129/2	100M (W45-49)	WOMEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2					
3	W4512	Bernice Lau Kam Mun	SAMAS		
4	W4504	Sanchita Saha	Indian Athletes		
5	W4529	Chua Yuik Jean	M'ca Masters		
6	W4518	Marta Basa Binti Lokman	Labuan Masters		
7	W4521	Norsalawati Bt Sekding	DBKL		
8	W4510	Parida Binti Usman	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1430	130	High Jump (M35-59)	MEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M35-39			
1	M3506	Jared Amadis Abdul Rahman	SAMAS		
2	M3512	Mohd Azmi Bin Mohamed Yatim	Perak Masters		
3	M3539	Norzaidi Bin Shariff	Qatar		
		M40-44			
1	M4006	Saidi Kailu	SAMAS		
2	M4051	Mohd Azmeer B Amarullah	Selangor Masters		

3	M4055	Eddey Kalai	PDRM		
4	M4056	Senthil Kumar Jayaraman	India Individ		
5	M4008	Andy Gregory Liadu	SAMAS		
		M45-49			
1	M4523	M.F.M. Humayoon	Masters Sri Lanka		
2	M4531	Teng Chong Hor	M'ca Masters		
3	M4535	Siew Hann Wen	Selangor Masters		
		M50-54			
1	M5001	Austin Rufus Nelson	Indian Athletes		
2	M5005	Asni Bin Tahir	Perak Masters		
3	M5026	Liaw Fun Min	M'ca Masters		
		M55-59			
1	M5517	Maulani Bin Diman	SAMAS		
2	M5505	Noble Stanley	C'tore Mast India		
3	M5507	T.M. Thangavel	India (MAFI)		
4	M5513	Mohd Salehen Bin Mohd Noor	SAMAS		
5	M5538	Baharin Osman	Sarawak		
6	M5547	Amran Bin Banggala	PDRM		
7	M5549	Ibrahim Bin Ab Wahab	M'ca Masters		
8	M5562	Laurence Sebastian	Selangor Masters		

TIME 1430	EVENT NO 130a	EVENT / AGE GROUP Javelin 800gm (M35-49)	CATEGORY MEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M35-39			
1	M3505	Gnaneswara Seetharam	Indian Athletes		
2	M3513	Mohd Shukor Bin Bee	Perak Masters		
3	M3528	Mohamad Saudi Bin Samsudin	M'ca Masters		
4	M3521	Muhamad Nor Azam Bin Hairol Anuar	DBKL		
5	M3525	Rayn Nelson Jamaidi	PDRM		
6	M3527	Kiew Sieng Eik	M'ca Masters		
7	M3514	Mohd Sobri Bin Ramli	Perak Masters		
8	M3531	Sunil Kumar	Nat MAA, India		
9	M3533	Tan Dan Ny	Selangor Masters		
10	M3522	Aminuddin Bin Saidi	DBKL		
11	M3539	Norzaidi Bin Shariff	Qatar		
		M40-44			
1	M4001	Govindaraj Subramaniam	C'tore Mast India		
2	M4053	Kang Seng Yiak	Penang Masters		
3	M4046	Ahmad Faizal Bin Salim	M'ca Masters		
4	M4012	Ahmad Ezman Bin Pudil @ Fadzil	Perak Masters		
5	M4021	Salleh Bin Atang	PDRM		
6	M4036	Navin Mohan Rajes	S'gor Individ		
7	M4041	Mohd Shahrul Nizam Bin Adan	PDRM		
8	M4045	Muvin Bin Abd Wahab	M'ca Masters		
9	M4009	Percival Naveen Howie	C'tore Mast India		
10	M4054	Yaakob Bin Idris	Penang Masters		
11	M4055	Eddey Kalai	PDRM		
		M45-49			

1	M4504	Shivananja Shetty C	Indian Athletes		
2	M4514	Lee Kian Fei	Perak Masters		
3	M4515	Muhammad Asri Bin Mohamed Arof	Hasil Masters		
4	M4535	Siew Hann Wen	Selangor Masters		

TIME 1430	EVENT NO 130b	EVENT / AGE GROUP Discus 1Kg (W35-49)	CATEGORY WOMEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W35-39			
1	W3506	Firozina Binti Ilin	Labuan Masters		
2	W3502	Suzanirihwati Bt Abd Ghani	SAMAS		
3	W3511	Yap Jeng Tzan	NS Masters		
4	W3505	Imelda Atiqah Binti Untol	Labuan Masters		
		W40-44			
1	W4024	Yong Chau Yann	M'ca Masters		
2	W4004	Nancy Binti F. Michael	SAMAS		
3	W4008	Angeline Jumpo	Sarawak Masters		
4	W4014	Norleha Bt Omar	DBKL		
5	W4023	Chua Swee Mei	M'ca Masters		
6	W4025	Shital Rambhai Patel	Nat MAA, India		
7	W4028	Kalpna Damodar Bagul	Pan India Masters		
		W45-49			
1	W4506	Bhagyalakshmi Manickkam	Indian Athletes		
2	W4511	Linah Bt Ikun	SAMAS		
3	W4514	Aily Binti Dusup	SAMAS		
4	W4518	Marta Basa Binti Lokman	Labuan Masters		
5	W4533	Fauzana Mariam Bt Mohd Fauzi	PDRM		
6	W4534	Tiffany Soh Beng Chu	Selangor Masters		

TIME 1430	EVENT NO 131	EVENT / AGE GROUP Triple Jump (W35-49)	CATEGORY WOMEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W35-39			
		No participants			
		W40-44			
1	W4001	Liew Mei Ping @ Jessy	SAMAS		
		W45-49			
1	W4501	Sreelekha Palanisamy	C'tore Mast India		
2	W4504	Sanchita Saha	Indian Athletes		
3	W4509	Laura Binti Dosui	SAMAS		
4	W4515	Almawati Binti Kassim	Perak Masters		

TIME 1445	EVENT NO 132/1	EVENT / AGE GROUP 100M (W50 and above)	CATEGORY WOMEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2		W50-54			
3	W5008	N Jayanthi a/p R Narayanan	Perak Masters		
4	W5026	Harpreet Kaur Jassar	India Mas Chandigarh		
5	W5024	Elizabeth Murray Garrigan	Thailand		
6	W5009	Nokalmah Sanasee	Perak Masters		

7	W5020	Padmavathi Budharaju	Nat MAA, India		
8	W5027	N Jayanthi a/p R Narayanan	Perak Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1445	132/2	100M (W50 and above)	WOMEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2		W55-59			
3	W5505	Roselina Bakar	Selangor Masters		
4	W5506	Rosecy Lee Onong	SAMAS		
5	W5507	Jomyta Binti Elon	SAMAS		
6	W5521	Kuan Sigar	Brunei Masters		
7	W5527	Anjamma Ubboru	Nat MAA, India		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1445	132/3	100M (W50 and above)	WOMEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2		W55-59			
3	W5508	Raineh @ Tambi Binti Sawan	SAMAS		
4	W5528	Ramanujamma Tamatan	Nat MAA, India		
5	W5531	Thilageswary a/p M Ramasamy	Selangor Masters		
6	W5510	Erine Sinuel	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1445	132/4	100M (W50 and above)	WOMEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2		W60-64			
3	W6003	Juliana Gumpil	SAMAS		
4	W6005	Mordiana Abdullah	SAMAS		
5	W6017	Belinda Ting Yew King	Selangor Masters		
		W65-69			
6	W6501	Mythili Natarajan	C'tore Mast India		
7	W6505	Lucy Yong	SAMAS		
8	W6506	Samsiah BR Mohd Yassin	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1445	132/5	100M (W50 and above)	WOMEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1		W70-74			
2	W7003	Christina Labanjing @ Jentunis	SAMAS		
3	W7009	Jasmine Adamlebbe	Sri Lanka Mas Ath		
		W75-79			
4	W7502	Lee Ngit Yung	SAMAS		
5	W7503	Petchay Kandasamy	Masters Ath S'pore		
6	W7504	Aishah Binti N Abu Bakar	M'ca Masters		
		W80-84			
7	W8001	Lem See Tiam	Singapore Masters		
		W85-104			
		No Participants			
		W105-109			

8	W10501	Rambai	CK Nayudu Sports Fdn		
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TIME 1500	EVENT NO 133/1	EVENT / AGE GROUP 100M (M35-39)	CATEGORY MEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M3515	Mohd Zhafran Bin Mohd Rosli	Perak Masters		
2	M3502	Bejoy M Y	Indian Athletes		
3	M3509	Mohd Farish B Aziz Sulaiman	SAMAS		
4	M3532	Sunil Pachahara	Nat MAA, India		
5	M3503	Mohan Shankar Reddy	Indian Athletes		
6	M3530	Mohd Zulfadzli bin Ramli	M'ca Masters		
7	M3508	Fahrul Nazri AB Nasir	SAMAS		
8	M3516	Mohd Zulkefli Bin Mohamad	Perak Masters		

TIME 1500	EVENT NO 133/2	EVENT / AGE GROUP 100M (M35-39)	CATEGORY MEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2	M3504	Manjunath Giriappa	Indian Athletes		
3	M3507	Adrian bin Lamsan	SAMAS		
4	M3514	Mohd Sobri Bin Ramli	Perak Masters		
5	M3534	Razlan Ramizan	Selangor Masters		
6	M3537	Mohamad Hafizam B Saluhi	PDRM		
7	M3510	Alfred Alex Jimmy	SAMAS		
8	M3520	Mohd Zaim Bin Mohd Reduan	DBKL		

TIME 1515	EVENT NO 134/1	EVENT / AGE GROUP 100M (M40-44)	CATEGORY MEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M4001	Govindaraj Subramaniam	C'tore Mast India		
2	M4003	Thomas M A	Indian Athletes		
3	M4007	Cyril Bin Misong	SAMAS		
4	M4015	Nasarudin Bin Supian	Perak Masters		
5	M4050	Hemant Kumar Chaudhary	Nat MAA, India		
6	M4018	Hazairi Basha Bin Mohd Jamel Basha	S'gor Indiv		
7	M4020	Mahagedara Withanalage Danasiri	Sri Lanka Mas Ath		
8	M4043	Mohd Hafeez Hasrek Bin A Razak	M'ca Masters		

TIME 1515	EVENT NO 134/2	EVENT / AGE GROUP 100M (M40-44)	CATEGORY MEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2	M4044	Mohd Fadzli Bin Mamat	M'ca Masters		
3	M4005	Cleetus Jesudasan	Indian Athletes		
4	M4008	Andy Gregory Liadu	SAMAS		
5	M4014	Chin Yew Seong	Perak Masters		
6	M4049	Lim Chai Aik	S'gor Indiv		
7	M4023	Shahryman Sharil Bin Mohamed Mans	DBKL		
8	M4034	Goh Shu Wei	Pacemakers MY		
1					
2	M4004	Nagendra Mullur Dasaiah	Indian Athletes		

3	M4016	Sariffulnizan Bin Nazan	Perak Masters		
4	M4057	Bhaskar Reddy Mekala	Pan India Masters		
5	M4031	Mohd Azlan Bin Ab Wahab	Perak Masters		
6	M4032	Mohd Syuhairy Bin Md Suid	Hasil Masters		
7	M4048	Fairuz Bin Amir Puad	Johor Masters		
8	M4022	Aldo Kriel	Hong Kong		

TIME 1515	EVENT NO 135	EVENT / AGE GROUP Javelin 700gm (M50-59)	CATEGORY MEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M50-54			
1	M5035	Yogeshkumar B Maher	Nat MAA, India		
2	M5004	Robert Bin Silati	SAMAS		
3	M5005	Asni Bin Tahir	Perak Masters		
4	M5008	Abdul Ghani Bin Yahaya	PDRM		
5	M5014	Lim Ban Dang	DBKL		
6	M5026	Liaw Fun Min	M'ca Masters		
7	M5028	Daud Bin Mohd Jeni	Johor Masters		
8	M5032	Devendr Kumar Dogra	Nat MAA, India		
9	M5024	Adam Leonardo Mechum Banjar	PDRM		
		M55-59			
1	M5512	Dionysius Fred Anak	SAMAS		
2	M5501	Revi Ramakrishnan	Ath Fed of India Mas		
3	M5551	Jarnail Singh	Nat MAA, India		
4	M5510	Leonard Willon	SAMAS		
5	M5541	Reza Fotohi Ardekani	S'pore Masters TFA		
6	M5543	Gunasaegaran a/l Narasapan	Selangor Masters		
7	M5514	James Bin Patrick	SAMAS		
8	M5544	Ja'afar Bin Dollah	PDRM		
9	M5553	Daniel Gona	Nat MAA, India		
10	M5530	Andrew Bangguan	SAMAS		

TIME 1515	EVENT NO 136	EVENT / AGE GROUP Discus 1 Kg (W50-59)	CATEGORY WOMEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W50-54			
1	W5017	Chua Cheong Lian	M'ca Masters		
2	W5019	Sweetey Modimareddy	Nat MAA, India		
3	W5002	Laly Kalathoor Melethil Pappy	Ath Fed of India Mas		
4	W5005	Viji Vasudevan	Indian Athletes		
5	W5010	Noral Azian Binti Zainal	Perak Masters		
6	W5016	Chan Nyet Fui	M'ca Masters		
7	W5020	Padmavathi Budharaju	Nat MAA, India		
8	W5025	Andrea Mary Walsh	Thailand		
		W55-59			
1	W5527	Anjamma Ubboru	Nat MAA, India		
2	W5512	Mariani Binti Manan	SAMAS		
3	W5529	Amalia Marquez Barcoma	Selangor Masters		
4	W5502	Bhagyalaxmi Palanisamy	Indian Athletes		
5	W5511	Jessie Manjin	SAMAS		

6	W5515	Suzyla Binti Jaffar	Perak Masters		
7	W5516	Jessee Tsen Chew Moi	Labuan Masters		
8	W5526	Ludemma Jennepogu	Nat MAA, India		
9	W5504	Geetha Dhamianal V D	Indian Athletes		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1515	137	Triple Jump (W50-59)	WOMEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W50-54			
1	W5001	Lathika Jyothis	Ath Fed of India Mas		
2	W5019	Sweetey Modimareddy	Nat MAA, India		
		W55-59			
1	W5506	Rosecy Lee Onong	SAMAS		
2	W5532	Dr Wong Ngan Ling	Selangor Masters		
3	W5509	Theresa Binti Sidau	SAMAS		
4	W5512	Mariani Binti Manan	SAMAS		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1530	138/1	100M (M45-49)	MEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2	M4508	Clarence Tami	SAMAS		
3	M4504	Shivananja Shetty C	Indian Athletes		
4	M4519	Mohamed Hairul B. Sulaiman	Kawan Athletics		
5	M4542	Amardeep Singh	India Mas Chandigarh		
6	M4510	Steve @ Napol James	SAMAS		
7	M4522	M.F.M. Thubail	Masters Sri Lanka		
8	M4518	Tan Jin Han	Kawan Athletics		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1530	138/2	100M (M45-49)	MEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2	M4511	Larry Andang	SAMAS		
3	M4521	Hung Cheon Yei	Kawan Athletics		
4	M4523	M.F.M. Humayoon	Masters Sri Lanka		
5	M4529	Hairul Bin Abu Shah	M'ca Masters		
6	M4533	Hardeep Singh	MAA India		
7	M4520	Wong Tze Yung	Kawan Athletics		
8	M4526	Subramaniam a/l Karapayah	Perak Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1545	139	100M (M50-54)	MEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1	M5007	Ronald Dominic Gallyot	Perak Masters		
2	M5013	Mick Wong	Hong Kong		
3	M5017	Chin Khen Theen	S'pore Masters TFA		
4	M5020	Zulkefli Bin Sudin	PDRM		
5	M5022	Haji Shahri Bin Haji Ahmad	Brunei Masters		
6	M5027	Thanabalasingam a/l A Maniam	Penang Indiv		
7	M5037	Ashwani Kumar	Nat MAA, India		

8	M5038	Rohaizi Bin Rastam	S'gor Indiv		
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TIME 1600	EVENT NO 140/1	EVENT / AGE GROUP 100M (M55-59)	CATEGORY MEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2	M5517	Maulani Bin Diman	SAMAS		
3	M5524	Zulkifly Bin Yeop	Perak Masters		
4	M5525	Abd. Harah @ Awang Bin Asara	Labuan Masters		
5	M5559	Kumar a/l Sinatambi	Selangor Masters		
6	M5548	Razlan B Mohamed Isa	S'gor Indiv		
7	M5554	Rampal Singh	Nat MAA, India		
8	M5527	Suwito Bin Kardo	Labuan Masters		

TIME 1600	EVENT NO 140/2	EVENT / AGE GROUP 100M (M55-59)	CATEGORY MEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2					
3	M5526	Redzuan Bin Jumat	Labuan Masters		
4	M5556	Ramdas Yadav	Nat MAA, India		
5	M5514	James Bin Patrick	SAMAS		
6	M5537	Sreekumar a/l Mohana Kumar	JETS		
7	M5529	Arthur Chow Wee Chin	Singapore Masters		
8	M5532	Ramli Bin Lani	DBKL		

TIME 1600	EVENT NO 141	EVENT / AGE GROUP High Jump (M60 and above)	CATEGORY MEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M60-64			
1	M6002	Mustafa bin Ibrahim	S'pore Masters TFA		
2	M6004	Agus Dwi Rahardjo	PAMI (Indonesia)		
3	M6007	Mainson Peter S.	Indian Athletes		
4	M6009	Velusamy Maruthachalam	Indian Athletes		
5	M6016	Ramjit Bin Nairulal	SAMAS		
6	M6021	Baskaran Francis	Perak Masters		
7	M6023	Jayaraman a/l Rajamanickam	Perak Masters		
8	M6044	P. Mohan a/l Ponniah	Johor Masters		
9	M6047	Mohd Mansharar B Abd Jalil	Selangor Masters		
10	M6053	Zahar Bin Rahman	Selangor Masters		
		M65-69			
1	M6502	Balan Thiruvencatam	C'tore Mast India		
2	M6513	Choo Wai Kin	KL Masters		
		M70-74			
1	M7001	Ramaswamy Kuppanna Gounder	C'tore Mast India		
2	M7005	Haji Zainal Haji Namit	Brunei		
3	M7008	Pralay Kumar Banerjee	Indian Athletes		
4	M7003	Neelwin Appadurai Nadar	C'tore Mast India		
		M75-79			
1	M7503	Haji Abd Rani bin Haji Matasan	Brunei		

		M80 and above			
		No Participants			

TIME 1600	EVENT NO 142	EVENT / AGE GROUP Javelin 600gm (M60-69)	CATEGORY MEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M60-64			
1	M6050	Chandran a/l Thangayah	Selangor Masters		
2	M6007	Mainson Peter S.	Indian Athletes		
3	M6036	Dr Vasu a/l Appu	PDRM (R)		
4	M6014	Juintin Bin Allap	SAMAS		
5	M6049	Krishnasamy a/l Karuppiah	Selangor Masters		
6	M6043	Mohd Rahim Bin Luwi	M'ca Masters		
7	M6021	Baskaran Francis	Perak Masters		
8	M6029	Thomas Lee	Singapore Masters		
9	M6047	Mohd Mansharar B Abd Jalil	Selangor Masters		
10	M6010	Augustine Jose M M	Indian Athletes		
11	M6052	Prasetyoadi	PAMI (Indonesia)		
12	M6053	Zahar Bin Rahman	Selangor Masters		
13	M6015	Mohd Rosley Abdullah	SAMAS		
		M65-69			
1	M6503	Subramaniam Thiravia Nadar	C'tore Mast India		
2	M6504	Wong Kee Lam	Hong Kong		
3	M6507	Dennis Clement D S	Indian Athletes		
4	M6511	Yaw Doly Bin Yaw Lo Kong	SAMAS		
5	M6515	Jayantha Ratnayake	Sri Lanka Mas Ath		

TIME 1600	EVENT NO 143	EVENT / AGE GROUP Discus 1 Kg (W60-74)	CATEGORY WOMEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W60-64			
1	W6021	Letchumiprabah a/p Ramachandran	Selangor Masters		
2	W6002	Jayalakshmi Ranganathan	Indian Athletes		
3	W6004	Doratheia Binti Anthony	SAMAS		
4	W6014	Hamidah Binti Zainon	PDRM		
5	W6015	Vijaya Velathingala	Nat MAA, India		
6	W6016	Merry Hui Bee Ngok	Singapore Masters		
7	W6018	Theresline a/p Asirvatham	Selangor Masters		
		W65-69			
1	W6502	Vijaya Ramesh	Indian Athletes		
2	W6510	Hajah Mariah Hj Metussin	Brunei Masters		
3	W6513	Dr Pusfa Ramasamy	KL Masters		
		W70-74			
1	W7001	Bagavathi Perumal Kan	Indian Athletes		
2	W7004	Helena Majalang	SAMAS		
3	W7007	K. Nalini Devi	Singapore Masters		
4	W7009	Jasmine Adamlebbe	Sri Lanka Mas Ath		
5	W7012	Cheong Leng Neo	M'ca Masters		

TIME 1600	EVENT NO 144	EVENT / AGE GROUP Triple Jump (W60-74)	CATEGORY WOMEN	Peringkat Akhir	RECORD
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NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		W60-64			
1	W6003	Juliana Gumpil	SAMAS		
		W65-69			
1	W6501	Mythili Natarajan	C'tore Mast India		
2	W6505	Lucy Yong	SAMAS		
3	W6508	G.I.D. Emal Sriyani	Sri Lanka Mas Ath		
		W70-74			
1	W7003	Christina Labanjing @ Jentunis	SAMAS		
2	W7009	Jasmine Adamlebbe	Sri Lanka Mas Ath		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1615	145/1	100M (M60-64)	MEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2					
3	M6004	Agus Dwi Rahardjo	PAMI (Indonesia)		
4	M6013	Sahari Bin Abdul Hamid	SAMAS		
5	M6055	Surjit Kumar	Pan India Masters		
6	M6019	Ariffin Bin Harun	Perak Masters		
7	M6031	Iqbal Singh Jassar	India Mas Chandigarh		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1615	145/2	100M (M60-64)	MEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2					
3	M6017	Daim Gayam	SAMAS		
4	M6041	Balbir Singh	India Indiv		
5	M6045	Joginder Godara	Nat MAA, India		
6	M6054	Dr Xavier Vincent Pereira	S'gor Indiv		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1630	146/1	100M (M65 and above)	MEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2		M65-69			
3	M6501	Chua Soon Huat	Singapore Masters		
4	M6504	Wong Kee Lam	Hong Kong		
5	M6509	Tajul Ariffin Bin Awang Mohd	SAMAS		
6	M6514	Balvinder Singh	India Mas Chandigarh		
7	M6529	Budin Anak Meringgai	Brunei Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1630	146/2	100M (M65 and above)	MEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2		M65-69			
3	M6545	Hasan Nor	Kelantan		
4	M6510	Charlie Lee	SAMAS		
5	M6530	Samil Draman	Brunei Masters		

6	M6524	Jeet Singh	India Mas Chandigarh		
7	M6539	Mokhtaruddin Bin Tajuddin	Selangor Masters		

TIME 1630	EVENT NO 146/3	EVENT / AGE GROUP 100M (M65 and above)	CATEGORY MEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2		M70-74			
3	M7002	Prince Durairaj	C'tore Mast India		
4	M7006	Balaram Gowda K T G	Indian Athletes		
5	M7034	Ramasamy a/l Karrupaya	NS Masters		
6	M7012	Venkatachalam Kaliyappa Chettiar	Tamil Nadu Ath Ass		
7	M7017	Uman @ Yuman Bin Sikin	SAMAS		
8	M7045	Kamavarapu Lakshmi Kameswara Rao	C K Nayudu Sports Fdn		

TIME 1630	EVENT NO 146/4	EVENT / AGE GROUP 100M (M65 and above)	CATEGORY MEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2		M70-74			
3	M7020	Datuk Abdol Mulok Bin Awang Damit	SAMAS		
4	M7008	Pralay Kumar Banerjee	Indian Athletes		
5	M7028	Lee Chai Sing	S'gor Indiv		
6	M7036	Haji Safri / Tiang Bin Hj Mudin	Brunei Masters		
7	M7041	Mohanan a/l A. K Raman	S'gor Indiv		
8	M7019	Suing @ Sylvester Kuil	SAMAS		

TIME 1630	EVENT NO 146/5	EVENT / AGE GROUP 100M (M65 and above)	CATEGORY MEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2		M75-79			
3	M7503	Haji Abd Rani bin Haji Matasan	Brunei		
4	M7508	Manickam a/l Thambiah	Perak Masters		
5	M7520	Thanesvaran Malavarayar	KL Masters		
6	M7522	Manickam a/l Thambiah	Perak Masters		

TIME 1630	EVENT NO 146/6	EVENT / AGE GROUP 100M (M65 and above)	CATEGORY MEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1		M80-84			
2	M8001	Kapt (B) Hj Osman bin Hj Lahab	Brunei		
3	M8003	Venkateshan Arumugam	Indian Athletes		
4	M8006	Soh Chin Koon	Singapore Masters		
5	M8007	Rattan Singh Sandhu	India Mas Chandigarh		
		M85-89			
6	M8502	Ng Ngoh Heng	Singapore Masters		
		M90-94			
7	M9001	Puspanathan a/l Letchumanan	Perak Masters		
8	M9002	Kirpal Singh	India Mas Chandigarh		

TIME 1645	EVENT NO 147/1	EVENT / AGE GROUP 400M (W35-44)	CATEGORY WOMEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2		W35-39			
3	W3523	Michele Tan Bee Kiang	Selangor Masters		
4	W3501	Carol Augustine	SAMAS		
5	W3504	Nurul Aini Binti Abdul Rahman	Perak Masters		
6	W3522	Ana Binti Mohzan	Selangor Masters		

TIME 1645	EVENT NO 147/2	EVENT / AGE GROUP 400M (W35-44)	CATEGORY WOMEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2		W40-44			
3	W4002	Mailin Binti Salungin	SAMAS		
4	W4029	Mangala Damodar Bagul	Pan India Masters		
5	W4003	Alison Chew Suk Ling	SAMAS		
6	W4016	Aw Yuin Ying	S'pore Masters TFA		
7	W4006	Patricia Dosui	SAMAS		
8	W4007	Judith Tami Richard	SAMAS		

TIME 1645	EVENT NO 148	EVENT / AGE GROUP Javelin 500gm (M70-79)	CATEGORY MEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M70-74			
1	M7015	Pilah @ Ondog Bin Kisang	SAMAS		
2	M7001	Ramaswamy Kuppanna Gounder	C'tore Mast India		
3	M7004	Varughese Decruz	Ath Fed of India Mas		
4	M7005	Haji Zainal Haji Namit	Brunei		
5	M7014	Tarmizi Sandhu @ Tara Singh	SAMAS		
6	M7011	D.T.Y.W.S.G.A. Bandara	Sri Lanka Mas Ath		
7	M7029	Dato' Revd Samuel D. John	NS Masters		
8	M7040	Ram Kishore Kadiram	Nat MAA, India		
9	M7016	Edwin E. Goh	SAMAS		
10	M7032	Narayanan Nair a/l Sungoni Nair	NS Masters		
11	M7039	Mahavir Singh Taliyan	Nat MAA, India		
12	M7042	P Nadarajah a/l Periyah	Selangor Masters		
13	M7019	Suing @ Sylvester Kuil	SAMAS		
		M75-79			
1	M7506	Vitalis Herman	SAMAS		
2	M7501	Dr Purushothaman a/l Anantham	KL Indiv		
3	M7502	Selvaraj Cruz Antony	C'tore Mast India		
4	M7518	Vimalasingam a/l V. Saranamuthu	Selangor Masters		
5	M7507	Jikut @ Julius Bin Komuning	SAMAS		
6	M7517	Mohamed Bin Md Idrus	Pahang Masters		

TIME 1645	EVENT NO 149	EVENT / AGE GROUP Discus 0.75 Kg (W75 and above)	CATEGORY WOMEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME

		W75-79			
1	W7502	Lee Ngit Yung	SAMAS		
2	W7505	Kam Ah Boay @ Kam Yueh Eng	M'ca Masters		
		W80-104			
		No Participants			
		W105-109			
3	W10501	Rambai	CK Nayudu Sports Fdn		

TIME 1645	EVENT NO 150	EVENT / AGE GROUP Triple Jump (W75 and above)	CATEGORY WOMEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		No Participants			

TIME 1700	EVENT NO 151/1	EVENT / AGE GROUP 400M (W45 and above)	CATEGORY WOMEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2		W45-49			
3	W4512	Bernice Lau Kam Mun	SAMAS		
4	W4523	Tamilslve a/p Periasamy	NS Masters		
5	W4524	Ada Liu	S'pore Masters TFA		
6	W4526	Emilia Binti Jamil	PDRM		
7	W4532	Radha Kantevada	Nat MAA, India		
8	W4510	Parida Binti Usman	SAMAS		

TIME 1700	EVENT NO 151/2	EVENT / AGE GROUP 400M (W45 and above)	CATEGORY WOMEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2		W50-54			
3	W5004	Bhageerathi K P	Indian Athletes		
4	W5006	Margaret Petrus	SAMAS		
5	W5009	Nokalmah Sanasee	Perak Masters		

TIME 1700	EVENT NO 151/3	EVENT / AGE GROUP 400M (W45 and above)	CATEGORY WOMEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2		W55-59			
3	W5509	Theresa Binti Sidau	SAMAS		
4	W5505	Roselina Bakar	Selangor Masters		
5	W5507	Jomyta Binti Elon	SAMAS		
6	W5528	Ramanujamma Tamatan	Nat MAA, India		
7	W5510	Erine Sinuel	SAMAS		
8	W5534	Delwir Kaur a/p Nathi Singh	Perak Masters		

TIME 1700	EVENT NO 151/4	EVENT / AGE GROUP 400M (W45 and above)	CATEGORY WOMEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2		W60-64			
3	W6001	Vijayakumari Arumugam	Indian Athletes		

4	W6006	Adenah B. Lojuhun	SAMAS		
5	W6008	Joanne Foo	Perak Masters		
6	W6019	Sinnamah Golla-Bangaru	Selangor Masters		
		W65-69			
		No Participants			
		W70-74			
7	W7001	Bagavathi Perumal Kan	Indian Athletes		
8	W7002	Kimih @ Florence Monjitol	SAMAS		
		W75 and above			
		No Participants			

TIME 1715	EVENT NO 152	EVENT / AGE GROUP 400M (M35-39)	CATEGORY MEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2	M3510	Alfred Alex Jimmy	SAMAS		
3	M3502	Bejoy M Y	Indian Athletes		
4	M3511	Goh Jing Jing	Perak Masters		
5	M3521	Muhamad Nor Azam B Hairol Anuar	DBKL		
6	M3523	Mohd Noordhamiri B Mohd Amran	Hasil Masters		
7	M3531	Sunil Kumar	Nat MAA, India		
8	M3508	Fahrul Nazri AB Nasir	SAMAS		

TIME 1730	EVENT NO 153/1	EVENT / AGE GROUP 400M (M40-44)	CATEGORY MEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2					
3	M4001	Govindaraj Subramaniam	C'tore Mast India		
4	M4007	Cyril Bin Misong	SAMAS		
5	M4023	Shahryman Sharil Bin Mohamed Mans	DBKL		
6	M4033	Abd Halim Bin Asmuni	Hasil Masters		
7	M4034	Goh Shu Wei	Pacemakers MY		
8	M4052	Rageswaran a/l Maniam	Selangor Masters		

TIME 1730	EVENT NO 153/2	EVENT / AGE GROUP 400M (M40-44)	CATEGORY MEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2					
3	M4008	Andy Gregory Liadu	SAMAS		
4	M4016	Sariffulnizan Bin Nazan	Perak Masters		
5	M4027	Murugan a/l Perumal	DBKL		
6	M4044	Mohd Fadzli Bin Mamat	M'ca Masters		
7	M4013	Amirruddin Bin Ishak	Perak Masters		
8	M4004	Nagendra Mullur Dasaiah	Indian Athletes		

TIME 1730	EVENT NO 154	EVENT / AGE GROUP Javelin 400 gm (M80 and above)	CATEGORY MEN	Peringkat Akhir	RECORD
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
		M80-84			

1	M8004	Edueh Totimoh @ Bonaventure	SAMAS		
2	M8009	Swaran Singh	Nat MAA, India		
		M85 and above			
		No Participants			

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1745	155/1	400M (M45-49)	MEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2					
3	M4534	Jaya Chandran a/l Ramadas	Johor Masters		
4	M4509	Teo Chen Lung	SAMAS		
5	M4516	Graham Meinen	Ireland		
6	M4518	Tan Jin Han	Kawan Athletics		
7	M4527	Victor Selvarajah a/l Selvanayagam	Perak Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1745	155/2	400M (M45-49)	MEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2					
3	M4508	Clarence Tami	SAMAS		
4	M4517	Augustino s/o Chinnapan	S'pore Masters TFA		
5	M4538	Preemadesa Peyadesa	Penang Masters		
6	M4532	Loh Kwang Lee	M'ca Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1800	156/1	400M (M50-54)	MEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2	M5029	Anandhan a/l Letchumanan	Pahang Indiv		
3	M5037	Ashwani Kumar	Nat MAA, India		
4	M5003	Yazid Bin Mahadi	SAMAS		
5	M5007	Ronald Dominic Gallyot	Perak Masters		
6	M5012	Dominic K.T. Wong	Hong Kong		
7	M5017	Chin Khen Theen	S'pore Masters TFA		
8	M5039	Terence Ong Cheng Soon	Selangor Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1800	156/2	400M (M50-54)	MEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2	M5019	Prabakaran a/l Vythilingam	Selangor Masters		
3	M5023	Choo Jin Hin	Penang Indiv		
4	M5030	Zulkafili Shamsuddin	Pahang Masters		
5	M5031	Savaria Xavier	Rotary MY Dist 3300		
6	M5034	Srihari Ballabhathula	Nat MAA, India		
7	M5018	Thnarajan s/o Verasalam	S'pore Masters TFA		
8	M5013	Mick Wong	Hong Kong		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1815	157/1	400M (M55 and above)	MEN	Akhir	

NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2		M55-59			
3	M5522	Santheran Veloo	Perak Masters		
4	M5543	Gunasaegaran a/l Narasapan	Selangor Masters		
5	M5502	Joseph Cruz Anthony	Indian Athletes		
6	M5506	Kadarkarai Ganapathy	C'tore Mast India		
7	M5516	Shamry Mohd Ali	SAMAS		
8	M5519	Dr J Thamocharan S.Jeyaraman	Perak Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1815	157/2	400M (M55 and above)	MEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2		M55-59			
3	M5559	Kumar a/l Sinatambi	Selangor Masters		
4	M5523	Shanmuganathan a/l Ratanam	Perak Masters		
5	M5527	Suwito Bin Kardo	Labuan Masters		
6	M5529	Arthur Chow Wee Chin	Singapore Masters		
7	M5557	Kunasegaran a/l Maniveloo	Selangor Masters		
8	M5532	Ramli Bin Lani	DBKL		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1815	157/3	400M (M55 and above)	MEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2		M55-59			
3	M5534	Nyow Boo Keong	Terengganu		
4	M5537	Sreekumar a/l Mohana Kumar	JETS		
5	M5538	Baharin Osman	Sarawak		
6	M5542	Calvin Chong Ee Woon	S'pore Masters TFA		
7	M5558	Supparamaniyam a/l Ramasamy	Selangor Masters		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1815	157/4	400M (M55 and above)	MEN	Akhir	
NO / LANE	BIB NO	NAME	TEAM	STATUS	TIME
1					
2		M60-64			
3	M6001	Nagarajan Thirugnanam	C'tore Mast India		
4	M6005	Matusin bin Sumpang	Brunei		
5	M6013	Sahari Bin Abdul Hamid	SAMAS		
6	M6033	Padmanathasivan a/l Kailasam	NS Masters		
7	M6039	Sahar Bin Asmuni	PDRM (R)		

TIME	EVENT NO	EVENT / AGE GROUP	CATEGORY	Peringkat	RECORD
1815	157/5	400M (M55 and above)	MEN	Akhir	
1					
2		M60-64			
3	M6006	Marznumurney Bin Abdullah	Brunei		
4	M6040	Selvakumar a/l Nilamegam	PDRM (R)		

5	M6017	Daim Gayam	SAMAS		
6	M6022	Harianan Vasuthevan	Perak Masters		

TIME 1815	EVENT NO 157/6	EVENT / AGE GROUP 400M (M55 and above)	CATEGORY MEN	Peringkat Akhir	RECORD
1					
2		M65-69			
3	M6505	Catur Ali Purnama	PAMI (Indonesia)		
4	M6510	Charlie Lee	SAMAS		
5	M6517	Ong Beng Choon	Perak Masters		
6	M6518	Steven Hui Yew Lay	Singapore Masters		
7	M6527	Arumugam a/l M. Arumugam	NS Masters		
8	M6543	Sundararaju a/l Suppan	S'gor Indiv		

TIME 1815	EVENT NO 157/7	EVENT / AGE GROUP 400M (M55 and above)	CATEGORY MEN	Peringkat Akhir	RECORD
1					
2		M70-74			
3	M7023	AP Nadan	Singapore Masters		
4	M7010	Kanakasabhpathy V A T	Indian Athletes		
5	M7013	Duasip @ Joseph Bin Latong	SAMAS		
6	M7024	Jefery Ng Khai Min	Singapore Masters		
7	M7033	Rama Krishnan a/l Manikam	NS Masters		
8	M7026	Suppiah Vadivelu	Singapore Masters		

TIME 1815	EVENT NO 157/7	EVENT / AGE GROUP 400M (M55 and above)	CATEGORY MEN	Peringkat Akhir	RECORD
1		M75-79			
2	M7504	Antony Gregory M S	Indian Athletes		
3	M7512	Afandi Buang	Singapore Masters		
4	M7519	Muniandy a/l Sinniah	Selangor Masters		
5	M7520	Thanesvaran Malavarayar	KL Masters		
		M80-84			
6	M8002	Haji Ariffin Bin Abdullah	Brunei		
7	M8003	Venkateshan Arumugam	Indian Athletes		
8	M8012	Low Kuan Sow @ Loke Kuan Sow	Penang Masters		
		M85 and above			
		No Participants			